

# Contact Newsletter #424

March 06, 80 aH



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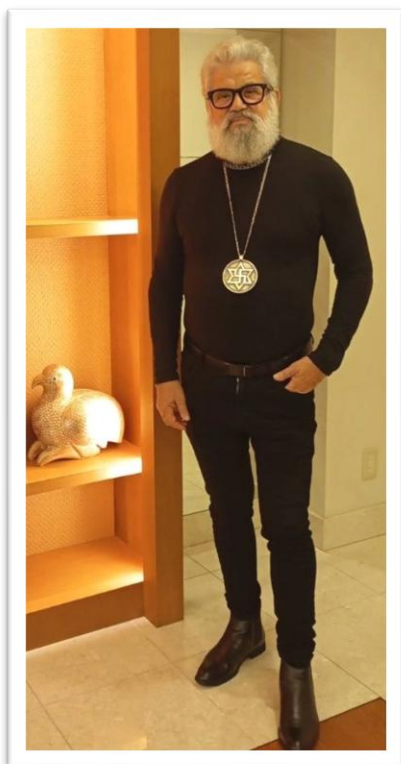
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**Editorial**

If you are reading these pages, you may be among the survivors, the alchemists, the billionaires of love that Maitreya speaks about in the following pages.

He also said, “The Movement is you.”

No pressure: yet a clear reminder of the responsibility we carry.

As you read these lines, millions of people in the world are being bombed, without shelters, without a future, while others are preparing those bombs to be released, immersed in an entirely different set of emotions.

Maitreya constantly reminds us of the path: we must not enter these emotional currents. No victim’s despair, no partisan anger. Our mission is to balance the excesses of the world by radiating our inner happiness, without guilt, and with the right amount of pride, because we are Raelians.

We know that humanity must pass through these periods of crisis to reach a decisive point where the choice becomes unavoidable: total destruction, or the decision to radically change.

To be ready to guide that change, our hearts must remain in tranquility. The highest level of consciousness, supraconsciousness, is tranquility.

May your days and nights be tranquil until we speak again.

Love

BB

# Maitreya's Words

## Raelians: Survivors, Alchemists and Billionaires of Love

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Maitreya Rael, Raelian Gathering, January 18, 80 aH (2025), Okinawa, Japan

I will share with you my morning meditation; the most beautiful. Be ready to fly.

When we think about infinity, we think about what is inside us, the infinitely small and the infinitely large. And to feel it, usually, we love looking at the stars. It's beautiful to be outside, looking at the stars. It's a great feeling. I remember when I was a child, already I was lying down – I was not Rael – but lying down and feeling one with the universe, feeling the stars. However, there are stars under our feet. The Elohim could be on the other side. Can you imagine? You show your ass to the Elohim? So, what is the right position? We don't know if they are up, down, right, left; they are everywhere.

So, when you meditate, when you try to be part of the universe and the stars, feel the stars up, and feel the stars down. This mistake [ of always looking up for the Elohim] is connected a little bit to primitive religion. Heaven is up; hell is down. No. Heaven and hell are inside us.



I'd like to make a short parenthesis: we are in infinity. Not really. We are not in infinity. We are infinity. When you say, "I am," I am what? Infinity, yes. And so, there is no heaven and hell. Another little parenthesis: a man dies. He arrives at heaven's gate and he says, "Am I welcome in heaven, or will I go to hell?" The angel welcoming him says, "You have been in hell. You spent all your life in hell, on Earth."

When you look carefully at everything happening on Earth, it is hell; thousands of children dying every day, some of them killed by the military; thousands of people, millions of people, homeless; millions of people having no

food. Isn't it hell? It is! And thousands of atomic bombs ready to explode. And you think Earth is paradise? It's really hell. Thousands of children every day dying of cancer, every day; thousands of people killing themselves every day. Isn't it hell? It is!

And we, the Raelians, we are survivors. We are survivors, and our mission is to make hell disappear, to make Earth a paradise, physically! That's why I launched the political movement for Paradism. Imagine! Imagine if all the planet, everybody, was Raelian. Nobody would have no food; no children would be born with cancer; no military; no money. That's Paradism. And it's our mission, not only to spread the Message of the Elohim, but you, the Raelians, you are alchemists.

Alchemy was brought by Arabic people. They were trying to make chemistry without science. But chemistry is science. So, they were trying different things to change lead into gold, using something called "la pierre philosophe", the philosopher's stone. And with that stone, created by magic, if you were to touch a piece of lead, or iron, or any metal, it would become gold. Beautiful dream.

I am a kind of alchemist, because I try to change normal human beings into gold. Raelians are the gold of humanity, alchemists. I am an alchemist, and we are all alchemists. We have to change this. It's not changing lead into gold; it's changing hell into paradise. I need you for that. They need you. Feel it; it's a fantastic mission.

You cannot wake up without feeling a huge energy to change this lead into gold. With every movement you make, with every word you pronounce, with every action you take, we are changing lead into gold. Meditate one minute for peace; that's a philosopher's stone.

Paradism, changing lead into gold, replacing hate with love; that's a philosopher's stone.

Philosophy. What is the meaning of this word? Philos: love. Sophia: wisdom. Philosophy is love for wisdom.

We love love. We want to spread love everywhere on Earth. We are philosophers.

That's the real meaning of philosophy. It's not like what they study in some universities, what other people thought, and what is the opposite of the opposite. No! Philosophy is to love love. That's what we are.

You remember my favorite philosopher? Diogenes. Not a philosopher studying old books and the thoughts of past philosophers and comparing them to new philosophers; that's blah blah. Diogenes was walking in the streets of his city with a lantern, a light, with a candle inside. People said, "What are you doing?" He would answer, "I'm looking for a man." There were men everywhere, but he was looking for a man; not just a man, a man who deserves this name. A man means a human. Man, human, humanity.

What is it to be human? It's to spread love; same thing. And instead of reciting the content of many complicated books, he was walking in the city with a candle. "What are you searching? There are men everywhere." – "Yes, but no man; no human full of love." Human. Humanity is love. But we forget it with swords, with guns, with atomic bombs. That's not human.

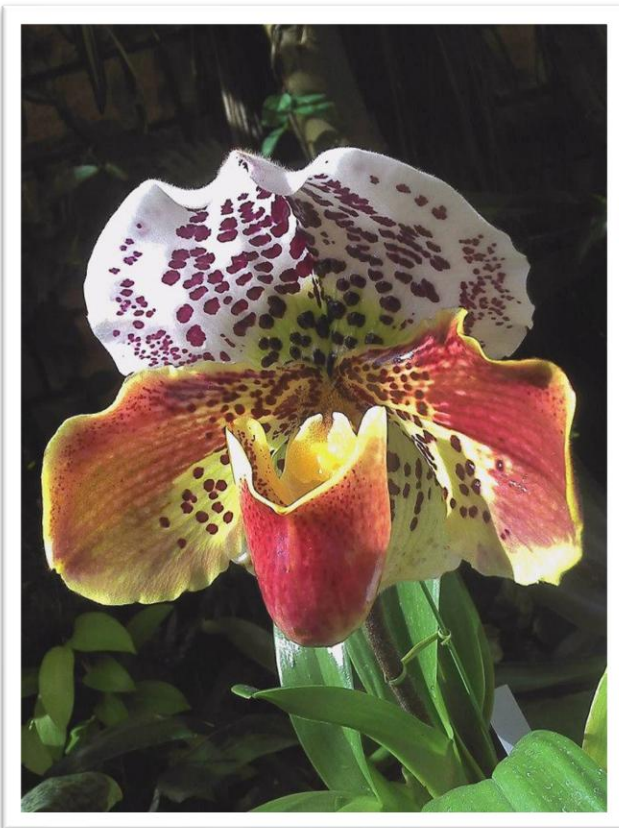
So, remember, you are an alchemist. You change hatred into love. You transform this place, which is hell, into paradise. Let's do it together.

I cannot do it alone. I need your help. They need your help. Think about it, why do we make an embassy? To welcome the Elohim? Yes, but it's an embassy of love. We cannot welcome the Elohim if we don't love them. So, when you send your love to the Elohim, you are also an alchemist.

Why are so many people hopeless, depressed, aggressive, violent? Because they are not happy; because they have no hope. They realize, sometimes at 50 or 70, “I worked all my life to have a bigger car, a bigger house, more expensive clothes – Chanel, Gucci – but it’s nothing. It’s nothing!” Suddenly, you realize, “my life is... why am I alive? If it’s for money, why? I will not bring it after death. My big house, I will not bring it after death. My big cars, no. My beautiful partner that I found because I was rich, no; nothing.”

What is your wealth? The love you gave. You are rich. You are billionaires of love. No human being on Earth should be richer in love than Raelians.

Love: the more you give, the richer you are.



You can give the simple gifts of Buddha. A smile; that’s a gift! Many people don’t smile. Wherever I go, I always smile at people. In France, the level of aggression is so strong that sometimes, when you smile at somebody, they become angry, “Why are you smiling at me?” And sometimes violent, “Are you gay?” – “No!” But this is a very beautiful image of this hell. You give a smile and people are angry.

Giving love, that’s in your smile, in your eyes, in the hand on the shoulder of somebody, just to give oxytocin, the hormone of happiness. And when you give oxytocin, you receive oxytocin. As I explained recently, people watching also produce oxytocin. Love is contagious; more than Covid.

So, spread love. And if people are disturbed by your love, it’s their problem. But you – you give love.

Recently, somebody told me, “Oh, there is one Raelian who wants to give you some money.” And somebody said, “But you know, Maitreya, this person is very poor. Why do you accept the money?” To let

her give love. The worst thing you can do is to refuse. When you want to give something to somebody and they say, “No, no, no,” how do you feel? Bad! So, to give love is to accept the gift of everyone. Accept a smile. It’s oxytocin. When we smile at each other, we create oxytocin.

So, everything in your life should be focused on love. Infinity is love. We are one. We are one with everything and with everybody. We have to become billionaires of love. If you want to be a billionaire in money, it will be very difficult. But a billionaire of love: instantly. Instantly! And that’s our mission.

Thank you, Elohim. I am very lucky. I live in paradise. Not because of the park and the house. Not because of the beauty of Okinawa. Because of your love. You give me, every morning, every day, every Sunday at eleven, a lot of love. If you are billionaires of love, I am a trillionaire in love.

So, thank you, and I welcome everything. I will never refuse your gifts. Not only on my birthday. Give me, give me, give me! Even a simple toothbrush. Anything! I will never refuse.

I refuse sometimes. I remember one billionaire in money at the Happiness Academy. He came to me with a big envelope, looking down at me, “Everybody sees I’m giving?” And I said, “No thank you.” When you are ready to put it on the windshield of my car, without your name on the envelope, then I will accept it.

Some people on YouTube, on the Internet, they give to poor people in the street, but there is somebody filming, right? That’s not love at all. That’s pure ego, “Look how generous I am.”

I told you this story many times, but when I was in Tokyo before coming here, I was sometimes walking in a park where many homeless people sleep. And the Raelians were already giving me so much food; you can see the result. So, I was putting it in a bag and went to the park. But I didn’t want to be seen giving. I was giving only to homeless people sleeping, putting the bag beside them without waking them up. But I had a little bit of ego. I was sitting and watching. And when they woke up, they ate. I was far, far away, but happy to see people enjoying some food.



When you give, never give to get a “thank you”. If you wait for “thank you,” it’s not love.

Giving without expecting anything; that’s love. When you give your love also, in a simple couple; a woman and man, or two men, most of the time, one says, “I love you,” and expect to hear “me too” back. That’s not love. “I love you,” and you don’t want to hear a reply; that’s love. But most people say, “I love you” and wait for the echo. “I love you.” Silence, not expecting, that’s real love.

So, remember, love is a science, love is alchemy; love changes everything.

And to end this long, too long, speech that reaches the level of quantum physics; when we increase the level of love on Earth, we increase the level of love everywhere in the universe.

Yesterday, I was watching Instagram and this scientist, who does research, said, “It’s impossible, in this infinite universe, that there is no other humanity.” Now, they change, right? A few years ago, it was, “It’s impossible to have other humanities out there.” Now, it’s, “It’s impossible there is not.”

But a question arises: Why don’t they come? And this scientist gives a beautiful explanation. They observe us, they look at us – not only the Elohim, but an infinite number of planets – and what do they see? No-fly zone. “We will wait until they reach a certain level,” not of science, but of love. So, it’s our job. They are watching us, and there is a large zone of, “Don’t go close to Earth.” They wait, they observe, and when they will see a planet of love, you will see a lot of people coming from everywhere.

It starts with one embassy, but in the future – the prophet is talking – it will be an invasion, a peaceful invasion of civilizations that want to hug humans.

That’s our job.

Thank you.

## The intelligence of the heart

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Maitreya Rael, Raelian Gathering, January 25, 80 aH (2025), Okinawa, Japan

To express your love for Elohim, you don’t need a strong voice. I appreciate your gentle little voice. We are not public speakers, just expressing our love for our beloved Creators.

With your voice, with your shyness to talk in public, you don’t talk with your brain, you talk with your heart. It’s funny because, as I explained recently, there are neurons in the heart. The brain sends signals to the heart, but the heart sends messages to the brain, “More.” And more importantly, maybe the supraconsciousness is in the heart and not in the brain.

That’s why, to feel supraconsciousness, you must stop thinking. We don’t need to be more intelligent. I say that in every Happiness Academies. The best way to become stupid is to try to be intelligent. And everybody tries to be intelligent. That’s why we had thousands of years of war; to be more intelligent.

It’s true; a gun is more intelligent than a sword. Is it? At least if you use a sword to kill somebody, you have to be close to touch. With a gun, you can be a hundred meters away; more intelligent. Very intelligent. “I can kill somebody from five hundred meters away”; very intelligent. “Oh, I can send an atomic bomb and kill three hundred thousand people a thousand kilometers away”; very intelligent. The Hiroshima atomic bomb is very intelligent, but it’s not love. So, intelligence and love are absolutely not the same.

And now we have many wars on Earth. Not anymore soldiers shooting somebody; much more intelligent. They are in offices with a computer, and they remotely control a drone, and the drone kills somebody. And the man in his office says, “Yeah, I killed somebody”; very intelligent. Very intelligent, but not from the heart.

From the heart, if you use the intelligence of the heart, you don’t want to kill anybody. You want to give to everybody. You want to give food. You want to give attention. I am a dreamer. I dream that after a while, humanity will evolve.

There are now millions of drones on Earth. Imagine if we used these drones to bring food to people who have nothing to eat. We all would like to be in an office, guiding a drone to bring food to children in Gaza, in Africa, everywhere. Imagine. Ah! That's the real intelligence.

We can use technology, high technology, to bring food. That's possible. It's possible. The technology is here. You push a button and food falls from the sky. Would you like to use a drone to send food to children in Gaza? We have the technology to do it. But we don't use it. We use intelligence, not love.

And that's my mission and our mission: to replace intelligence with love. But in fact, love is much more intelligent than intelligence. We have an expression in French – I don't know if you have it in Japanese – the intelligence of the heart. *L'intelligence du cœur*.



Do you have this in Japan? Maybe we have to spread it. *L'intelligence du cœur*, the intelligence of the heart. The intelligence of the brain looks at other people and says, "Oh, I can kill him." The intelligence of the heart says, "I can give love. What can I do to make other people better?" Very simple.

And you don't have to develop your IQ, to make tests and training to become more of a thinker. You don't need that. You look into the eyes of people, and immediately the intelligence of the heart is connected. The intelligence of the brain cannot connect. The intelligence of the brain judges, criticizes, puts distance between others. The intelligence of the heart feels oneness. You feel it.

You don't need to speak the same language. You don't need to learn Chinese, French, English. When you look at somebody with love, you speak the same language. If you use the intelligence of the brain, you need to learn many languages; Chinese, Spanish, hundreds of languages. To travel, to visit the world, you need a lot of effort from the brain to communicate.

If you speak love, all the planets speak your language. You can go to any country, if you speak love, immediately you can communicate. Not only on Earth, but on every planet in the universe.

What do we do by building an embassy to welcome Elohim? We build it with the intelligence of the heart. Sometimes people ask, "How can I communicate when Elohim come? Can I speak their language?" Some people study Hebrew; it's very difficult. No need. I will give you a secret, when Yahweh comes, he speaks love. Immediately you can communicate. And that's the power of the intelligence of the heart.

To feel and not to judge. To feel and not to think. Don't think about it. It's great; it's an effort, right? Because usually speakers or prophets or messengers say, "Think about it." No, no, no. Don't think about it. Feel it.

That's why during the contact at 11 a.m., don't make the mistake to think about the Elohim. Feel them. And when you do that, they feel you. There is a direct link. I repeat. When you feel them, really feel them, with this brain – the heart – they feel you. There is instant connection.

When you think about them, there is no connection. And it's very difficult to stop this computer. Like when at home, to turn off the computer is more and more difficult for human beings. Like turning off this telephone. People have a brain and an extension of the brain, which is the telephone.

Many people wake up and immediately reach for their phone. No! They want to feel connected, and they disconnect themselves. They forget to turn off the sound of the telephone. Sometimes they do everything with the telephone in hand.

Recently, I saw somebody, in one of the best restaurants in the world, with chopsticks in the right hand, telephone in the left. I won't tell any name but it's poison everywhere. I would not be surprised if some people make love with the phone. I'm sure some do; I'm sure.

So, this brain – the heart – is what you have to train to use. You don't need the telephone to feel the brain of the heart. You throw the telephone away, and suddenly you see everything with the heart, in oneness with everything. And this destroys the biggest poison of humanity.

What is the biggest poison of humanity? Thinking. When you think, you can judge other people. Judging is thinking. "I'm better than you"; that's thinking. And it has been the poison of all humanity since the creation by the Elohim.

You see it in the Bible, between Abel and Cain. All countries that created wars sincerely believe their village is better than the others; their village, other provinces, other countries. How many Japanese think Japan is better than other countries? All Americans believe their country is better than any other. They really believe it.

The German Nazis were totally sure they were a superior race. It was a basic rule of the German Nazis that Germans were superior. And, of course, when the German superior race meets the Jewish superior race, there is a problem. History is funny. The Jews, who are sure to be superior to everybody, suddenly live in a country where people believe they are superior to everybody else. And it created the Shoah, the killing of millions of people.

And it created similar situations in other countries, especially the United States. They really believe they are superior to every other country. Thirty American military bases in Okinawa. How many Okinawa bases in the United States? Zero. But they are superior.

They bombed Hiroshima and Nagasaki. Why? Because they are superior. They didn't use atomic bombs against white countries, but Asian people, no problem. Same with slavery. Same with the creation of the United States.



We judge Israeli settlers who steal the property of Palestinians. Somebody comes to your house, knocks on the door, and says, "Please go away, this house is mine." That's what they do in Palestine. "But it's my house, my family has lived here for hundreds of years." – "No, God gave it to me. Please go away." That's what they do.

But what did the Americans do to the American Indigenous? Exactly the same thing. Hundreds of millions of American Indigenous killed. European settlers came, knocked on the tent of American Indigenous, and said, "Please go away, this land is mine." And all of America was created like that.

This poison of superiority is mostly used by white Europeans. In Africa, they took more than one million slaves to the United States. Why? Because they were sure they were superior to Black people. They even created human

zoos – in Paris, Belgium, London – where African people were displayed among animals; and visitors gave them bananas, sure to be superior.

Even the man who is supposed to be the messenger of Jesus, the Catholic Pope, said Black people don't have souls. "We human beings have souls, but Black people are like animals." This reinforced the feeling of superiority, "We are human; they are not human."

The same thing today. Some Jewish people in Israel say Palestinians are not human. England and France invaded the world, including India and China. It's very interesting, as soon as you think you are superior to anybody, you can become criminal, "I have the right to kill you. I am superior."

"Get out of this house, God gave it to me. You don't want to give it to me?" They do it; they did it and they still do it today.

So yes, racism, Nazism, are very intelligent, but they are criminal. We don't want to be intelligent. To save humanity, human beings have to stop being intelligent; the wrong type of intelligence.

The Hiroshima atomic bomb is very intelligent, but it's terrible. When you use the intelligence of the heart, you lift other people up. You give, you help, you make the world a better place. You heal the world. "Heal the world, make it a better place for you and for me." Yes. This is the intelligence of the heart.

So, I need your help to make this planet as stupid as possible, and as full of love as possible. The poison of humanity is intelligence; the wrong type of intelligence, the intelligence of the brain. Replace it with the intelligence of the heart.

I need you for that. Will you help me?



## The Raelian Movement is you

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Maitreya Rael, Raelian Gathering, February 8, 80 aH (2026), Okinawa, Japan

Good morning, everybody. Arigatou gozaimasu!

It's a little before eleven, but we can do what we want. We don't have to be exactly on time.

I have a little meditation for you. It's an exercise. Imagine you discover the Message today. You are in your home, in your town, and today you discover the Message for the first time. There is no website, there is no Movement, you are alone. What do you do? Because if you are touched by the Message, you know there is a prophet somewhere who wants to welcome the Elohim, to build an embassy. You know this entire story, but there is no Movement. What do you do?

Try to imagine. You read the book exactly like you did. You are crazy enthusiastic, "I want to help!" I hope. That's what you experienced, I hope. That's why you are here today.

But there is nobody. No Movement, no organization, no website. What do you do? Cry? No. ["I make the Raelian Movement".] How? That's interesting, right? ["I talk to friends, one person at a time".] And they all laugh, nobody follows you. That's what happened to me. Any other suggestions?

Who wrote the Message, the book? Would you wish to come and meet me? Better than crying.

So, would you come? Would you try to find where Maitreya is? "Where is he?"

Maybe you wouldn't know, but I wouldn't know either, maybe you would want to come and meet me? Is it okay? [Yes!] Imagine you take a train, a car, anything, and you go to where Maitreya is.

I was in a house in the city of Clermont-Ferrand, and I remember the first Raelian coming to meet me. It could have been you. There was no organization, nothing. He came and said, "How can I help?" Beautiful. He was the father of Jarel, Job Aymonier, "What can I do?" There wasn't even a book published yet.

I spoke on television before the book was printed, and people sent thousands of letters to the television. The postman brought bags, like garbage bags, full of letters to my house. I took my pen and answered each person. Many Raelians still have my answers.

They sent it to the television because nobody knew my address. I answered one by one. Of course, I cannot write ten letters at the same time, each of them. It took hours.

And they knew my address from my replies, and Job Aymonier came, "What can I do? How can I help?" Imagine you are in this situation. No committee to welcome you, no Angels, no place prepared, nothing.

"What can I do?" – "The first thing, we need to print the book and I don't have the money to print it." He said, "I will pay." It could have been you. "How much does it cost to print the book?" About two thousand dollars. And Job Aymonier said, "I will help. I will pay." That's how it started.

After that, I moved to the second encounter's location, a beautiful old farm in the southwest of France, with many holes in the roof. Why did I move there, leaving the city of Clermont-Ferrand for this almost destroyed farm?

Because another Raelian came, and I said, “I want to move because I stop my work as a journalist. I want to promote the book, and I need a place to stay.” He said, “I have an old farm in the southwest of France. No heater, but there is an open fire, old style, with wood.” I said, “Okay, I need to move.” Another Raelian came and said, “I have a truck. I can help you move.” We went there and made a fire immediately.



I remember the first Guide, Jean Gary, who is now with the Elohim. He came to meet the Last Prophet, to meet Rael himself. He entered through the small gate. There was a garden; and I love gardening. I was eating my own vegetables, raising my own chickens. I had rubber boots on, turning the soil, not too deep, just a little. If you turn too deep, nothing grows. You must keep the topsoil on top and the bottom soil at the bottom. If you want to have a garden, one day, don't turn it completely, just a little bit, because the bacteria, which make the vegetables grow, are at the top.

So, I'm there, in jeans and rubber boots, working the ground. Jean Garry came and said, “I want to see Rael.” I said, “It's me.” He was expecting someone dressed all in white, with a strange hat. Instead, there was a gardener covered in mud. It could have been you.

The surroundings matter when you meet someone for the first time. Today, if a new Raelian arrives, there is a gate, security, beautiful rooms. The image is easy. Maitreya arrives all in white.

But back then? In the garden, with mud everywhere, “Where is Rael?” – “What? It's me?” – “I want to help.” – “Okay, welcome.”

Behind my farm, there was a small field with grass, good for cows. I said, “In one month, I want to organize the first Happiness Academy in this field. Can you help me?”

Imagine it's you. You have to organize everything: the tent, the place. I will speak, but you organize everything. Imagine it's you. Many people would leave, saying, “This man is crazy.” But Jean Gary stayed in my farm. There was one room available, full of pigeon droppings. It was a pigeon house, a hole in the roof, rain falling inside, but not on the bed. And he stayed with me and organized because I just wanted to speak and do gardening.

There was no sound system, no microphone, no toilets. People dug holes in the ground. That was the first Happiness Academy, organized by Jean Gary. That could have been you.

So, your first question, “I want to meet Rael, where is Maitreya?” And you go, full of dreams and expectations. He might be a prophet all in white but he is a farmer. And you follow your decisions and The Prophet asks you to organize the field to make the first Happiness Academy. Imagine, because becoming Raelian today is very easy. There is a website, National Guides, Regional Guides, beautiful Happiness Academies in large hotels. Very easy. That’s why I want you to imagine being the first. Imagine.

A funny detail, because it’s good to laugh. The first thing Jean Gary did was to offer me a cigarette. That was very kind of him. That’s my best memory. “Do you want a cigarette?” That was Jean Gary. At that time, he was addicted to smoking. My farm was in the middle of nowhere, ten kilometers from the village. Every day he drove to buy cigarettes.

I asked him, “Do you want to keep smoking forever?” – “No, I read the Message, I want to stop.” – “Why not today?” – “Okay, I try but I cannot.” – “So, I will help you; let’s go to the village together.”

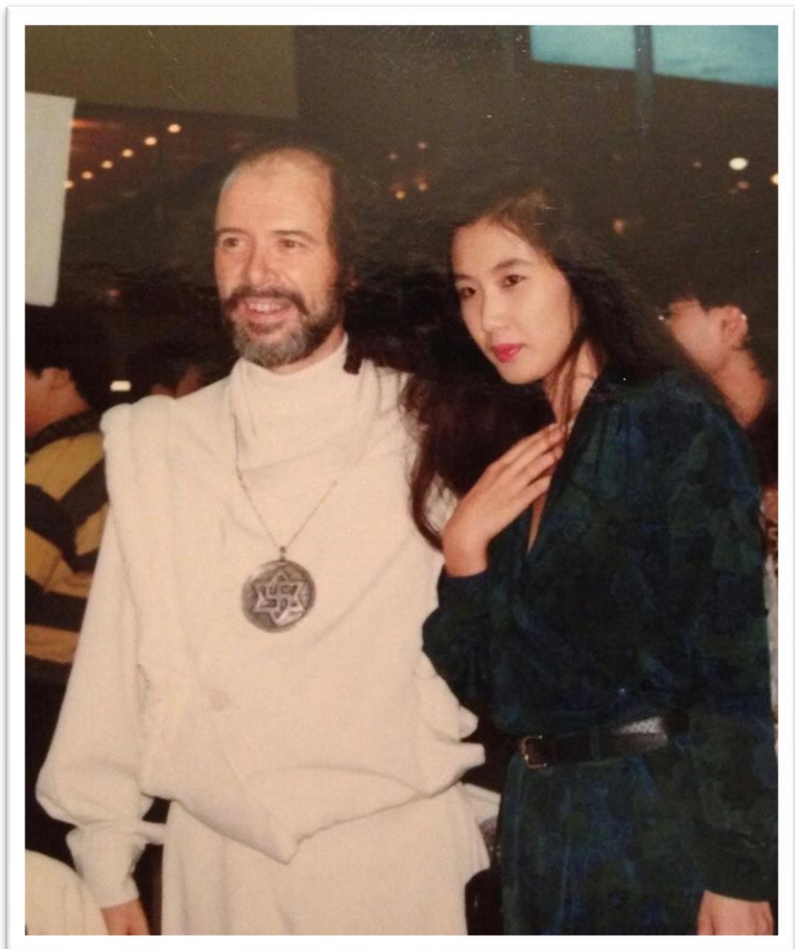
We went to the shop where he bought cigarettes. They sold cartons with ten packs of cigarettes. I said, “Jean, instead of coming every day, buy the large carton. If you want to stop, buy the carton.” And he bought it. When we came back, I said, “See this garbage bin? Throw your carton out.” Oh, the emotion! Throwing away ten packs is not as easy as throwing one pack. All this money! He threw it away. That’s how he stopped smoking. The first Guide of the Raelian Movement offered me a cigarette. Unforgettable.

So, imagine you are the first. Now come back to today. Look at all of you. I’m sure that if you had been the first, you would still be here. But it’s interesting to feel it. How lucky we are to have each other.

The Message is a treasure, but the greatest treasure is you.

The first letter from Lotus, the first contact with Shizué; it’s still here. I remember every one of you. The first contact with Tony, “You should come to Okinawa.” – “What is Okinawa? Is it a food?” For all of you, there was a first contact, and we are together. I have no family on Earth; no father, no mother, no grandmother, nobody.

You are my family. And I am very lucky to have no mother and no father on Earth, but to have you. You are all my children, and this feeling of oneness together from China,



Portugal, France, from everywhere. In this small room, we share a beautiful love in the light of the Elohim. Feel it.

Thank you all for your beautiful love. I feel your love. Every love story has a beginning. Would you have fallen in love immediately with a farmer full of mud? Would you have stayed? Would you have organized with me?

The Raelian Movement is you.

We are, and I really love us. You are my family, and the gift is this: you have a father with the Elohim. The love of Yahweh for you is the love of a father.

Feel it. Wherever you go on Earth, the love of the Elohim is guiding you, is always there. You can go and travel to the other side of the Earth, alone, no other Raelian around, but you carry the love of the Elohim.

That's the feeling. That is our family.

Thank you, Elohim.

## News from IRM

### Cellular Plan Transmissions cancelled

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Maitreya has recently canceled Pablo Andres Romero's Cellular Plan Transmission and banned his participation in any meetings of the Raelian Movement following Pablo's repeated statements about other mediums receiving messages from the Elohim.

We believe it is appropriate to share again here a statement by Maitreya Rael that was previously published in Contact #397 on this subject.

“Regarding the allusion of mediums in the Messages, mediums, as explained in the Messages, have to receive special training when they are little children. After childhood they cannot develop it. And even with this training they can only receive telepathic feelings: never clear Messages. We do not even have, right now, the knowledge about this training. For clear Messages there is a need for a surgery which was performed on me when I went to the Eternal Planet. The call for regular meetings of sensitive people called “medium” and who can receive feelings and never clear messages will be organized when the Elohim will ask for it and not to create a new leadership but for a very special purpose. And that may happen or not. The Elohim decide and we follow. The only way to know when they decide is through the Prophet and not through people suddenly hearing voices...

If I received the Messages in 1973 by “hearing voices” I would never have believed it, nor created any organization but would have instead ran to see a psychiatrist. For the simple reason that I am a rational person. I did accept the Messages and the mission because they were given to me in a physical contact and not at a “sunrise” or at any “solstice” which means nothing. Our mission is to fight traditional mysticism and even more neo-mysticism which attracts many people due to the disappearing of main religions. Peace and love”.

# Awakening

## The true nature of the hundredth monkey effect

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The true nature of the hundredth monkey effect Some time ago, Eliane sent me a text by Berbudeau on another approach to the hundredth monkey theory.

Maitreya had already given us a powerful teaching on this concept, linking it to the practice of “One Minute for Peace”.

But where does the hundredth monkey theory come from?

- In 1952, scientists observed monkeys on the island of Kōshima learning to wash sweet potatoes.
- This behavior spread throughout the group and inspired authors Lyall Watson (Lifetide) and Ken Keyes Jr. (The Hundredth Monkey).
- They proposed the idea that once a threshold was reached (the famous “hundredth monkey”), knowledge would spread instantly to the entire species.
- Although official science remains sceptical, this theory has become a powerful metaphor for thinking about collective consciousness.

Berbudeau wrote about this and linked this theory to the field of consciousness. It is not a specific number that counts, but a qualitative threshold: “When enough individuals integrate an experience, it becomes accessible to all.”

In my view, this vision is consistent with Maitreya’s teaching and the practice of “One Minute for Peace” in the following way:

Maitreya explained that the universe is connected by subtle particles called gravitons. They ensure the cohesion of all things, including planets, galaxies, and even the matter that compose our bodies. Maitreya even gave the example of our hands, which would dissolve if these gravitons did not ensure their cohesion.

Maitreya explained that gravitons are, in a way, love; a universal force of attraction that connects and organizes everything that exists. We could even assume that this is true at all levels of infinity: matter, ideas, social groups, civilizations. This force acts to generate harmony. Thus, we understand that everything is illusion, except love and infinity, which are inseparable.

We had a representation of infinity with the symbol, recalled by our Creators since first contact in 1973, and now, following the revelation about gravitons, we grasp the essence of its structure, and therefore what binds it together in every way. We understand better why being in meditation, in harmony with infinity, makes us feel absolute love.

By leaving thought behind, by raising our level of consciousness to feel until we are in supraconsciousness, we return to our original and natural state, thus allowing infinity to express its essence, which is love, through us. This is why, in this state, we feel so much love and can become catalysts for it, spreading it even more powerfully. In a nutshell, rising to the level of supraconsciousness encourages the expression of universal love.

Supraconsciousness transcends limited thinking and brings us into unity, a state where everything is connected by love, since this is how infinity is structured. A single being, in this state of harmony with infinity, and therefore in inner and outer coherence (which are one and the same), can have more impact than thousands in dissonance.

Social psychology confirms similar phenomena: emotional contagion, synchronization of inner states, increased influence through coherence.

To illustrate this, we can also draw another parallel between ourselves and the diffusion of the Messages, which should focus more on embodying them rather than trying to convince anyone.

The observation of the reality of the hundredth monkey theory, with the importance of the qualitative expression emphasized by Berbudeau, implies that what we deeply embody has a real impact on our social environment. It would therefore be more accurate to be deeply Raelian – to the core, if I may say so – rather than explaining what it means to be Raelian and not living our philosophy deeply. Following the example of Maitreya, who is the complete and living illustration of the Messages, we understand that by being the Messages and embodying them totally, we have a better chance of spreading them than by talking about them and being in dissonance with them.

Recently, during a Sunday contact, Maitreya explained that he is constantly in meditation because he is totally what he is and does totally what he does. He doesn't experience things partially; he experiences them deeply. Therefore, experiencing things deeply makes us vibrate with those things. This also means that by being in a state of deep meditation; by feeling peace, we produce this vibration of peace and influence the world.

### **Meditation as a natural connection**

Meditating for peace means connecting the field of love of every particle of our being to that of the infinite universe of which we are a part and which is a part of us.

It is important to understand that this external field is an extension of ourselves. Meditation intensifies the universal love that is already present, since everything that exists is connected by gravitons. We can thus imagine

that in an evolved world, meditation would be a permanent natural state, because the universe functions through harmony and love.

This state creates an inner coherence that encourages the expression of love and amplifies collective harmony. As long as negative thinking does not disturb this field, the universe naturally organizes itself through love; hence the importance of ceasing to think in order to encourage feeling and be in harmony with infinity, that is, to encourage supraconsciousness and thus become fully part of unity.

## Conclusion

The hundredth monkey theory is not unanimously validated by science, but it remains an enlightening metaphor, incredibly enriched today by the teachings of Maitreya. It illustrates how individual consciousness can transform collective consciousness and even how individual supraconsciousness can enrich collective supraconsciousness since it is intrinsically connected to it, knowing that the notion of division is an absolute illusion.

As we rise to supraconsciousness, love intensifies within us and radiates around us, carried by gravitons; those particles of love showing that harmony is the universal law.

The practice of “One Minute for Peace” is a concrete application of this: every thought, or rather, every feeling of peace intensifies universal love and brings humanity closer to supraconsciousness.

All it takes is a critical number of practitioners to tip the balance, until this fragment of infinity that is our entire humanity can sing the melody of love that the Elohim created when they created life on Earth, and thus be deeply at peace, to the point where our melody joins that of other civilizations in the universe, and finally plays its sweet part in the infinite concert of intergalactic civilizations.

I love us 🤗🙏❤️

Gyom

Reference: 2024\_79-09-01 Okinawa Japan Maitreya Rael: The 100th (9:11mn) / Contact 411/

<https://www.youtube.com/watch?v=qyHPc1Rfgoo>

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The link for Stéphane Thomas Berbudeau's text

<https://t.me/c/1594728894/48094>

## Raelians News

### Launching of Clitoraid's new medical endeavor in Kenya



The year 80 aH marks a brand-new beginning for Clitoraid! As we celebrate the 20<sup>th</sup> anniversary of Maitreya's revolutionary humanitarian NGO, we are so excited to announce the launching of Clitoraid's new medical endeavor in Kenya, next month, led by our new head surgeon, Dr. Areeb Chaudry, who practices in Nairobi. This will be our 4<sup>th</sup> Clitoral restorative surgical mission in Kenya! This time, we plan on operating 15-18 patients who have survived the horrific ritual of female genital mutilation forced on them when they were children. Each restorative surgery costs \$1,300 and we continue to actively raise funds to cover the costs for all of our scheduled patients.

This year, Miss World Somalia, an FGM victim who has become an international voice against FGM, will join our humanitarian campaign in Kenya.

We warmly invite you to visit our gorgeous newly redesigned website [www.clitoraid.org](http://www.clitoraid.org) to meet all the kind, loving human beings mentioned above, their story, find out about our actions and information to heal FGM women and the education we provide about the clitoris in general. An immense thank you to dearest Brigitte for making all this possible, to dearest Thomas and John for their technical website expertise and to dearest Lia for her artistic collaboration!

I leave you with the latest Clitoraid PR announcing Clitoraid's humanitarian mission. The announcement coincides with the United Nations International Day of Zero Tolerance for FGM. (Feb 6)

<https://clitoraid.org/clitoraid-to-provide-free-clitoral-restorative-surgery-during-humanitarian-mission-to-kenya/>

Please spread this great news to raise consciousness in your countries among Raelians and non-Raelians alike, among your media and possible interest groups linked to the topic of women's sexual health.

Thank you, beloved Elohim, for women's fabulous clitoris!... Did you know that the Elohim equipped all female mammals with a clitoris?... and many non-mammals too!! (but more on that in May, Clitoris awareness Month!)

Love and orgasms,

Nadinamour

This short documentary story (4 min) from the German TV, DW published on Feb 5, features Evelyn, one of our patients who will have surgery in March. You will also see an interview with Dr. Areeb, Clitoraid's head surgeon, and the hospital where our humanitarian mission will take place next month in Kenya.

FYI: Clitoraid is mentioned at 3:20: "A partnership with Clitoraid, a US-based organization, they have been able to provide the surgery free of charge to women like Evelyn."

<https://www.dw.com/en/fgm-survivors-hope-i-just-want-to-feel-whole-again/video-75801323>

Love,

Nadinamour

## Diffusion in Paris

In Paris, Thierry Duvernoy's singularity and authenticity leave a lasting impression.

He crosses paths with artists and passers-by, who themselves share photos or videos on social media, and this time it is short interviews that are circulating, focused on the themes of the embassy and a new society based on redistribution.

A Raelian reveals his greatest dream. Does money bring happiness?

<https://www.youtube.com/shorts/DEjQuGyLaxY>

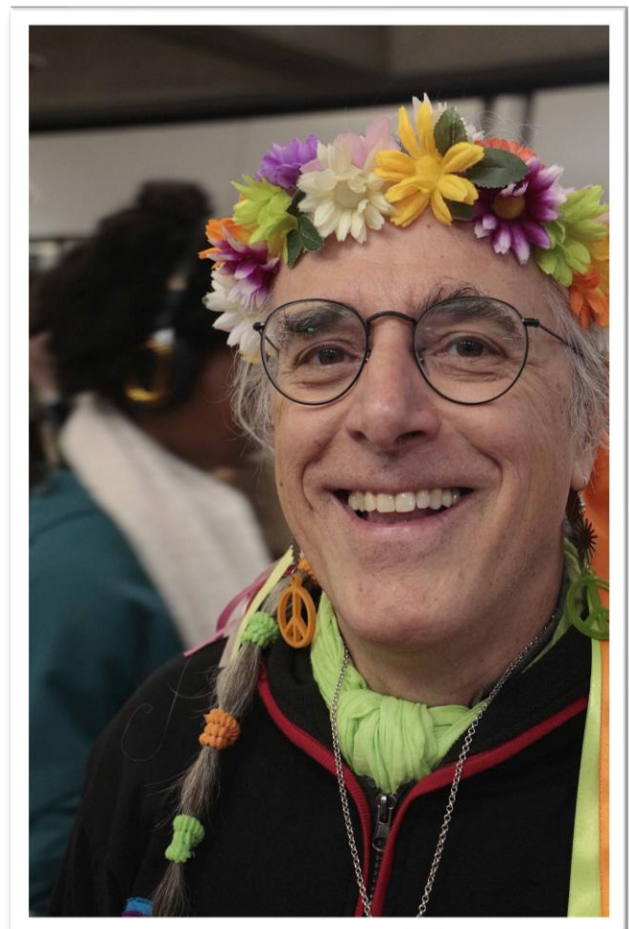


Photo from Bernard Joy