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Highlights of Maitreya’s speeches during the 50th anniversary convention

From December 10 to 15, 78 aH (2023)

Taken from notes

Day 1 – Sunday the 10th - HA

Happiness is Infinity

You need to always be infinitely happy. Not because you are at the Happiness Academy or because you see me. It has to be for no reason, just because you are. I don’t want you to be happy, I want you to be. If you are, you are automatically happy. I don’t say, “How are you?” anymore. I say, “Are you?” And the answer is “I am”. Then it is automatic happiness. You can feel it.

The most powerful supercomputer on Earth isn’t AI

AI is tiny; the most powerful supercomputer is natural intelligence. Everybody thinks that the greatest function of this supercomputer that is our brain is to think, to become more intelligent. You can’t be more intelligent. You are or you are not. When you are, you are at the top of supreme intelligence. When you are, you are infinity, not AI, not thinking. Infinity is what you always have been, even before being born and what you always will be. You can’t escape infinity; you are prisoners of infinity. Enjoy it! It’s the most beautiful prison.

When you think, you shrink your brain

It is difficult to think about more than one thing at a time.

As long as you wish to become somebody, you cut yourself from infinity

When you wake up, automatically say, “I am.” Feel it. There is only one you among eight billion human beings on Earth. You are. You are infinity. If you understand that, you don’t need Happiness Academies. No thinking. People think that the more they think, the more intelligent they are. No, the more stupid they are. Look at the countryside without noticing it; look at everything without looking at anything. Be the witness where you don’t notice anything special; then you connect to infinity. When you don’t connect to anything, you connect to infinity. If you connect to something, you are disconnected from infinity.

Be the gardener of your consciousness

A good gardener doesn’t focus on planting seeds. His talent is to cut right to make the plant more beautiful. Any



thought is like a seed. Any thought is connected to another one and it becomes a multi-branch system. Cut! It is easy to say but very difficult to do. It is like in pétanque. In theory, everybody is a world champion of pétanque. The most important tool for a gardener is his cutter. You need to know what to cut and when. Do the same with your thoughts.

Be the gardener of your consciousness. You use your consciousness to see, to smell, to touch. Consciousness is using your senses to connect to the universe. The sensual meditation is receiving information through your senses and feeling pleasure from them. Let your environment give you pleasure. However, consciousness is limited. The supraconsciousness is infinite. With consciousness, I see you, I feel you. With supraconsciousness, I am you, you are me, we are one with everything.

I am - Aom

Have you been told that you are being brainwashed in a cult. Your answer: “Oh, yes!!!” Why? Didn’t you wash your brain

yourself? I wash my brain every morning with meditation. If you stop washing your brain, you go down in supraconsciousness. Wash the dirt of education, media, journalists. When they ask me what I think of something, I

answer, “Nothing.” What should I think of it? I meditate for peace. I succeed when all humanity become Buddha. I don’t see myself as a teacher and you as students. In each of you, I see myself. When you stop thinking, you are a Buddha. I try to contaminate you with the thinking of no thinking.

Shortcut to the stairs of awakening: avoiding!!

The only way to progress quickly isn’t to progress in your reaction. If you react, you think. Whether you react positively or negatively is all-bad. To become a Buddha, you never react, you act. When you react, it means that someone is in action and you have a reaction. Instead, be the witness. If you think, you react. Just be. Whether someone tells you something positive or negative, just witness. Just be. Witness everything around you and within yourself. Don’t think about infinity, you’ll go crazy. Just feel it, witness it.

We are not infinity taking consciousness of itself; as if you think about it, you are not. If you become conscious of something, your think, therefore you are not. We should rather say, “Infinity is taking consciousness of itself through me; infinity uses me to be conscious of itself.” I am not becoming conscious of infinity; it is infinity using me to feel itself. I become a vehicle that infinity uses to feel itself. You are a tool.



You use your consciousness to see, to smell, to touch, to connect to the universe, to receive information from your senses and feel pleasure from them. However the consciousness is limited. The supra consciousness is infinite. With consciousness I see you, I feel you. With supraconsciousness, I am you, you are me, we are one with everything.

Day 2 – Monday the 11th - HA

Elohim are not God

They are men and women, like us; they sweat like us, they are human. They created us in their image. We know where they are; they are in your heart. If you want to see them, look in the mirror. In your eyes, in your smiles, I see the Elohim. They are with us. You don't need to see something in the sky. If you want to see, you are not really Raelian. UFOs are vehicles. What is inside is what is interesting. But what is more interesting is what the people inside have



to say. I gave it to you and you are the guardians of the Messages. Make it yours. Be the Messages of the Elohim, the light of the Elohim on Earth. Be the Messages and the messengers, messengers of infinity. We are so lucky that the Elohim brought the light of Infinity. Infinity is in the refinement of Lotus's dance. We don't see Lotus; we see infinity expressing itself through Lotus. It expresses itself in the tam-tams too. Different cultures, different races, it doesn't matter at all. Supraconsciousness has an infinite rainbow of colors.

Supraconsciousness is a tiny little part of your computer

There are billions of neurons but only one is the alpha neuron, the first cell, the one neuron that appears at conception and which will create all of the others. It is called alpha because it is the leader. Alpha leaders are sometimes called Prophets. Yahweh

said, "I am the Alpha and the Omega." I am the Alpha of the Messages. I may disappear but you are all alphas. My mission is to create a planet of alpha leaders. You are the light of the Messages. You are Alpha and Omega. We have the same feeling listening to Lotus and the tam-tams of Kama, it's love for the Elohim. The light of the Elohim is your guide. Your thinking brain is the most powerful computer in the world. If you let it guide you, you become like a sheep. By nanotechnology, they created one neuron, the alpha neuron; it's the leader of the pack. If you follow the pack of sheep, you don't use it. If you use it, then you use supraconsciousness and you feel everything without the need to see.

Now is a continuum of time passing by

There is no now but an infinite succession of now that is called life. You will always be now.

People are surprised by the killing in Palestine

Look at Humanity's history; this is not the first war. From the beginning there have been thousands of wars. The United States, in their one hundred fifty years of existence, had only fifty years of peace. It has hundreds of military bases all around the world, thirty-one here in Okinawa. It's everywhere. Napoleon killed millions. Genghis Khan too. Millions were killed through history, tortured, raped; as rape is a tool of war. Eleven million people today carry the gene of Genghis Khan. Some of you have it; it's not your fault. That's why you need Prophets to guide Humanity toward love, peace and harmony. It's a long story from the creation of the Elohim. Humanity loves to kill; it is Satan's view. My message isn't, "Don't kill." My message is Infinity. The Ten Commandments are a list of love. We don't need anybody to tell humanity not to kill. The beauty of the Messages of the Elohim is Infinity. Be you with your natural loving feeling. We don't kill, we love. Naturally, you want to save, to protect life.



Day 3 – Tuesday the 12th - Convention



Spiritual photon

You see the light only when it touches something. I bring the light of the Elohim; I am a spiritual photon, nothing but a spiritual photon. My mission is to touch your brain so that it becomes a spiritual photon as well. We are the light of the Elohim. Nobody can see it unless it is reflected. The light of the Elohim touched me and I reflect it. We have to keep the light pure. I will never change one word of the Messages.

Yahweh = I am, the one who is. When you say his name, you are automatically connected.

From nothing comes only nothing. You need something to create something. With this basic scientific knowledge, science negates evolution.

For life to start, you need the spirit of the Elohim, the supercomputer, the supraconsciousness of the Elohim, which picks up a handful of dust and organize this stardust to make a human being. We are the creation of the Elohim, stardust that became human beings, like a miracle but based on scientific knowledge. You need a high level of science, thousands of years of scientific results, to transform a handful of dust into a human being.

UFOs don't show lights in the sky like it is portrayed in the artistic video we just saw. UFOs can appear anywhere they want. They could land on this stage right now, instantly. Scientists say it's impossible. This science is still too mysterious for human beings. There are no miracles, only different levels of science. We are so lucky to live now and unlucky not to live in a thousand years. We are so very primitive.

Humility in religion and in science is the key to everything. Thanks to the Elohim, you can raise your level, slowly increasing your understanding. The Elohim could dominate the Earth in an instant.

After a video showing Leon blowing the shofar in Jerusalem



Leon for me is the sound of the Elohim.

The Elohim are very powerful, they can dominate the Earth in an instant, they can do anything they want. Their technology is so advanced that they can do whatever they want. But exactly like in the womb of a mother... what creates a baby? A spermatozoon. A little fish; you need a microscope to see a spermatozoon. And this creates a human being. The spermatozoon is swimming exactly like a fish, tiny, no power, easy to destroy. And it swims; it swims towards the egg, which is like a planet.

I am a spermatozoon, and I swam on the planet. And the cell started to multiply. Slowly, a little fetus appeared, growing, and growing, and growing. And I did it. And you are the cells multiplying, you are growing, you slowly develop arms and legs. That's what I am. That's what I was.

And when the baby grows, and grows, and grows, the spermatozoon is not alive anymore. It gave its life to create life. When the first cell is born, the spermatozoon dies. But it becomes something else. When the caterpillar dies, it becomes a butterfly. Amazing! A little caterpillar crawling, very slowly, suddenly becomes a

butterfly, and can fly higher, and higher. That's the same process.

And one of the organs that develop creates the supraconsciousness. And that, in this process, prepares humanity.

Leon blowing the shofar, this funny trumpet, in Jerusalem... Yerushalayim, which means, it's funny but it means "the city of peace". That's the meaning of Yerushalayim. I know it looks completely crazy with what's happening

now. But Yerushalayim, like Leon can explain better than me, because he speaks Hebrew fluently, is the city of peace. And it's still possible, with very little change; it's still possible that the Embassy will be built near Jerusalem. I still hope for that. Near Jerusalem, but not in Israel. Because Israel is betraying the Jewish teaching.

The Jewish teaching, beautiful, the most beautiful religion, states, "You shall not kill". You should not kill. And of course, there is Yerushalayim, the city of peace. We have to remind the people living in this area that they are betraying the Jewish tradition. Do you remember the Bible? Abraham, ready to kill his son, to sacrifice his own son, killing with a knife to respect the Elohim. That was a test between Satan and Yahweh. Satan said, "They are so stupid that if you ask your best prophet now, Abraham, to kill his own son, he will do it." Yahweh was laughing, "He will never do that. Impossible, he is the prophet of peace. Try!" And they bet; and he was ready to do it. He was ready to kill his own son. And the Elohim understood how stupid humanity was.

But we are now the antidote. They are teaching, "If we ask you to kill, don't do it!" We are the only religion which says, "If a supreme being, called God, Elohim, whatever you want, asks you to kill, do not do it." And that's the meaning of Jerusalem. And what is happening now is very similar to what happened at the time of Abraham. But I still have hope. And by making the shofar sound, Leon contributed to this possibility to save humanity!

My mission is to save humanity. Remember my teaching. There were, they say, six million Jews killed. When was it a crime? When there were six million? Three million? One million? When did it become a crime against humanity?



At the first one! The first Jew who was killed contained all humanity. "Do not kill." Very simple! No need to study philosophy, no need to have a diploma from the highest school of theology. "Do not kill." And that's still not respected. Not respected in many places, including the city of peace. That's an insult to the Elohim. But together we will change it!



Special word to Kama

White people are scared to death of China. The US has 180 military bases around the world, China has 2. France, England, Spain, Portugal, and Netherland are five tiny countries, dwarf ones, which are called the white catastrophe by Asians. These five countries colonized the whole planet, China, India, Africa, North and South America, every island. They couldn't do it to Japan though. But now it's over. Whiter than white is decolonization.

White people, go back home. Mao Zedong understood that with his cultural revolution. The most important revolution in Kama is a cultural revolution. The Elohim created different races, all equal, different but equal. This is very important. However, black people had to pray to a white god, a white Jesus. They created seven races; all equal, and I come to destroy the Christian religion. Adam and Eve were black. Jesus was a Semite. We destroy the myth of the white god. There were seven races created, seven races on Earth.



Day 4 - Wednesday the 13th - Convention

Lotus is the spirit of this convention

I need words to express myself, but this girl, she doesn't have to choose words. She opens her mouth and we feel the Elohim, through her being. She is the light of the Elohim. She is the Messages, she brings the Messages, she breathes the Messages, she eats the Messages. One day, she asked me, "May I sing the name of Yahweh in a funny way?" When you make funny sounds, weird dances, it is religious too. There is religiosity in everything you do. What isn't respectful is to limit yourself.



When you reach supraconsciousness, you don't need to look at the stars to feel Infinity, you look inside of you. The stars are there during the day but your limited eyes can't see them. You need darkness to see the stars, and many need to see the stars to see infinity. When you are enlightened, you don't need to see them to see Infinity.

If you want to feel Infinity, close your eyes, then you feel the stars inside you. No need to see in order to feel. When you close your eyes, you shut down the consciousness to then reach supraconsciousness.

When you are in supraconsciousness, you close your eyes and you see. There are billions and billions of universes inside you; it isn't your imagination; it is your feeling. Normal people need to see to feel. When in supraconsciousness, there is no need to see to feel.

Feeling isn't an illusion, seeing is an illusion. The best illusions are optical illusions. You don't understand how the magicians pull the rabbit from the hat. It is the same with the stars. The magic of the stars is an illusion. If you could see all the stars, the sky would be fully lit up. There is an infinite number of different stars but we see only a limited number while we have the illusion that we see them all. When you close your eyes, you feel the infinite number of stars.

The Infinity is you

For the three main questions: "Where am I? Why am I here? Who is with me?", the conscious answers would be, "In Okinawa. For the convention. With Maitreya. The supraconscious answer is, "In Infinity. For Infinity. With Infinity." Many prophets promised paradise after death because it is easier to make you a slave that way, "Obey your leader and you will reach paradise." Then I came and said, "Make the paradise on Earth!" It is the foundation of Paradism.



Make this planet a Paradise, make this life a Paradise. The other prophets promised an eternity of happiness. I say, "Reach happiness now!" You can't smell tomorrow. Smell the perfume of Infinity now!

My kingdom isn't of this world, my kingdom is Infinity

Don't be serious

The best meditation is when you can't stop laughing. When I have an orgasm, I laugh. Don't take it seriously. Having sex is the opposite of thinking. It is your body, your galaxies becoming one with other galaxies. Thinking destroys everything, creates limits, cuts you from Infinity. Be you, then you can say, "I am."



The Embassy Project

Daniel Turcotte is very active, a Guide and responsible for the Embassy Project. My mission is simply to save humanity. Clonaid was with Brigitte Boisselier, one less project on my shoulders. The most important project is the building of the Third Temple, where Yahweh will come. I hope that the dream for everybody here is to welcome Yahweh.

The Embassy is a project that takes place in a world ruled by money and which is not a democracy. All is about money. We need a structure to lead that project with one goal, to find a place that will accept our requirement, which is very specific extraterritoriality. No police, no army. It's a simple request, but requires difficult tasks, lots of papers, dealing with opposition. But we have attractive features, it will be the future center of all humanity, like the Vatican and Mecca have been; billions of USD will go through it. Billions will wish to visit our Embassy. There will be a

replica for tourists with animation, activities, videos, artists... The real one is a holy place that will not be visited. The country that will welcome us will make a lot of money. It's a huge project.

An art director

Lotus makes poems, dances, sings for the Elohim and I have asked her to be the art director of the welcoming event for the Elohim at the Embassy. She is the best with her supraconsciousness and her love for the Elohim. Every second of her life, she is full of love for the Elohim. Imagine music, dance and choreography made by her for the best show ever on Earth. Lotus has the talent for that.



Day 5 – Thursday the 14th - HA

I always said that no woman would ever make me cry. Lotus is the only woman who makes me cry, when she sings.

Many of you love Yahweh, almost everybody here. I am sure you talk to him but you have to do it in a respectful way. If you don't know how to do it respectfully, sing! Sing his name. It's the most respectful way to talk to him. Any way you want, the most important is to sing his name, then you are automatically connected to Infinity.

Yahweh is the way. I am the way to Yahweh. We are the truth of Yahweh, we are the light of Yahweh, we are the way of Yahweh. Right now, you can feel him watching you; in the same way a hen looks at her eggs. We are the

chicks on our way to create a planet of peace and love.

To reach this level, you are the way. Feel responsible. Don't think that Rael and the Guides will do it. You, even the humblest ones, the homeless ones, you are the way.

Feel it, it's your responsibility, not mine.

When I gave you the Messages, it wasn't a gift. My mission is to give you responsibility, each one of you, whatever your gender, your skin color, your age, you are responsible for the future of



When I gave you the Messages, it wasn't a gift. My mission is to give you responsibility. Each one of you, whatever your gender, your skin color, your age, you are responsible for the future of Humanity.

Humanity. Feel it. With responsibility comes power. When responsible, you have the power, feel it, each one of you, you are the future.

We all have the same goal, to save Humanity. "What is your responsibility, Maitreya?" "To save Humanity", nothing more beautiful. "What will you use to achieve that?" "The supercomputer that you all have."

Our brain is infinitely more powerful than AI, but the problem is how to use it. Imagine a supercomputer with no manual. Nobody ever teaches us how to use it. There is no startup button, you have to find it. When you start, you have the illusion to use it. However, you use it to watch TV. You don't need a supercomputer to watch TV or to listen to music. It is like using a Ferrari to go to the supermarket.

Use the best part of the supercomputer, the best processor of the supercomputer. You have billions of neurons, billions of connections, you think of something, you speak, you do, it works to go to the supermarket. Only when you use the best part, then all the power of the supercomputer is used, and the best part is the supraconsciousness. It isn't big, it's a tiny part of the supercomputer.

The brain is huge and we use it to go buy a salad. When buying a salad, the snail of supraconsciousness is sleeping inside its shell. When you start to let it be, slowly, it comes out of its shell, very slowly. That's why you need meditation.

When you meditate, the snail of supraconsciousness comes out

People can live a hundred years without ever using their supraconsciousness. You don't need it to sleep, wake up, eat, walk. That's why we have a planet of zombies, of sheep, with masks, baaah! The supraconsciousness is sleeping. You can have a beautiful life and never use it. You don't need it. That is why the Earth is such a nightmare, due to generations and generations of people who never used their supraconsciousness. Ninety percent of animals and plants are destroyed forever because they don't use supraconsciousness. There is a new island in the ocean, currently growing, made of plastic! In the wild part of Okinawa where I walk every morning, there are small beaches difficult to access. Imagine a virgin beach, the original Okinawa, you arrive and it's full of plastic, you can't walk on something else than plastic. That's the result of human beings not using their supraconsciousness. We can survive thousands of years without using supraconsciousness, but at the end, there won't be any more oceans. Ocean is life. Life is destroyed. Eight billion human beings watching YouTube, listening to music, never using supraconsciousness. Every day, new atomic bombs are produced. No need of supraconsciousness to go to the FIFA World Cup. With supraconsciousness, you don't throw plastic bottles in the river. The supraconsciousness, this tiny part of the brain, doesn't throw any bottle; then you have the right thinking, then you feel one with the universe, the plants, the fish, the trees.

Currently, millions are buying a Christmas tree, it's so stupid. You kill a tree, a creation of the Elohim. Why destroy a tree for two weeks of decoration? When living in Eden (previous Raelian campground in France), I planted sequoias, I talked to them, I felt them. I harvested a potato that weighted two kilos; but I sang to it every day. Sing to the potato plant in order to get big potatoes....

How to use supraconsciousness, that's the problem

We have to go back to the Buddha's teaching. Take a deep breath, that's the first step. Whatever you say, do, think, take a deep breath. Then you have the right thinking, the right speech, the right action. Every time you speak or think, constantly do it, ask the authorization from the supraconsciousness. Never stop, don't do anything without the supraconsciousness authorization.

You are not your thoughts

Usually, you talk after thinking; but if you don't choose your thoughts, then you don't choose your talk, and then you don't choose your actions. That's what leads to a world of wars. They don't choose, they follow their thoughts. Take a deep breath.

“What am I thinking now?”

“Why am I thinking that?”

Separate each thought.

The brain doesn't stop creating images, so you can develop insomnia because you never stop thinking. To isolate one thought is one of the ways to reach the level where there is no thinking. Focus your supraconsciousness on one thought.

To sleep, you have to be the king of nothing.

Supraconscious love

The common love is two consciousnesses loving each other. When two supraconsciousnesses become one, there is no need of a lawyer. You love each other forever. “I love you the way you are today and will never try to change you.” That implies compassion, forgiveness, all the beautiful values of being human.



I used to ask the Happiness Academy's participants to write the five qualities they seek in a partner, but also the five flaws they are ready to accept in this partner. The yin and yang... When you accept, or more accurately, when you love the complexity of things, when you welcome someone in your life, you are ready to love any part, you are ready to love even the worst side of the person.

Compassion, forgiveness, for that, you need a non-thinking brain. I love growing roses in my garden. It grows best with horse manure. Without mud there are no roses. The lotus needs its roots deep in the mud. No mud, no flower. You can't find somebody with only qualities.

Depression, anxiety, come from the thinking brain



“Intelligent” people can't stop thinking. The Bible says that the paradise is for simple-minded people. The less you think, the more intelligent you become. Einstein sometimes needed to play the violin for a solution to come to his mind. The thinker of Rodin is the symbol of the Western world. In Asia you have the laughing Buddha, not thinking. It is the spiritual leader of billions of Asians. Stop thinking, then the lotus of supraconsciousness opens. Exercise yourself to be separated from your thoughts. “What am I thinking?” Then take a distance. If you see dog shit on the sidewalk, you step back, you go around. Do the same with your thoughts, don't roll in it.

You are not what you think, it isn't you

What you say comes from your thoughts. Everything wrong comes from your thoughts. I am not my thoughts. Distance yourself from it. Take a deep breath and ask yourself, “What it is, is it a dog shit?” Human beings believe they are their thoughts. “I am right, you are wrong. I am...” The thinking brain is a jungle while the supraconsciousness is a beautiful garden. Don't let weeds grow inside. You are the gardener of your supraconsciousness.

Day 6 – Friday the 15th - HA

When I say, “I love you”, I mean, “I wish you to be you”, you, the one who says, “I am.”

Love is helping people to be themselves more. Be you, that’s what you say when you say, “I love you.” I love you the way you are, what you are. Look in the eye of the people around you and say, “I love you.” Sometimes you don’t say it because you fear to disturb. Whatever they are, whatever they do... “I love you!” Say, “I love you” with all your being. If you love enough, the other person may have tears of happiness in their eyes. I love you; I know who you are, I know who you believe you are, and often, it isn’t who you are.

Don’t feel less because you are not a Guide

The carpenter is as important as the architect. No need to go on stage to be important. You chose to be here. You can’t replace me; I can’t replace you. When you give a leaflet on the street, you may find the next Guide of Guides. Who will be the next Guide of Guides? One of the Level 5 Guides? Maybe it will be someone you find tomorrow. The Messages changed your life, right? But you can change the life of thousands of others.

One smile on the street can change the life of people. I can feel those who are depressed. I just look into their eyes with a smile. I just give love, sometimes we start speaking. Everyone who killed themselves had answered, “Fine, thank you” when they were asked, “How are you?”

When you say, “How are you?”, be ready to listen to the answer.

Don’t say it if you are not ready to listen. These people don’t show their despair out of love for others. Be there, for friends, for strangers (on a bridge ready to jump). Love is being present, caring for what’s hiding behind the smile. The most smiling person may be the most depressed. If you are love, put an arm on their shoulders. Contemplation is also a good form of meditation.

Feel your body; it’s talking to you constantly. When the light comes down, you yawn, it’s natural. Your back and your stomach are talking to you. Whatever disease you may have, your body can fix it. It was made by the best scientists of the universe. Listen to your beautiful, fantastic body.

The deadliest disease is life

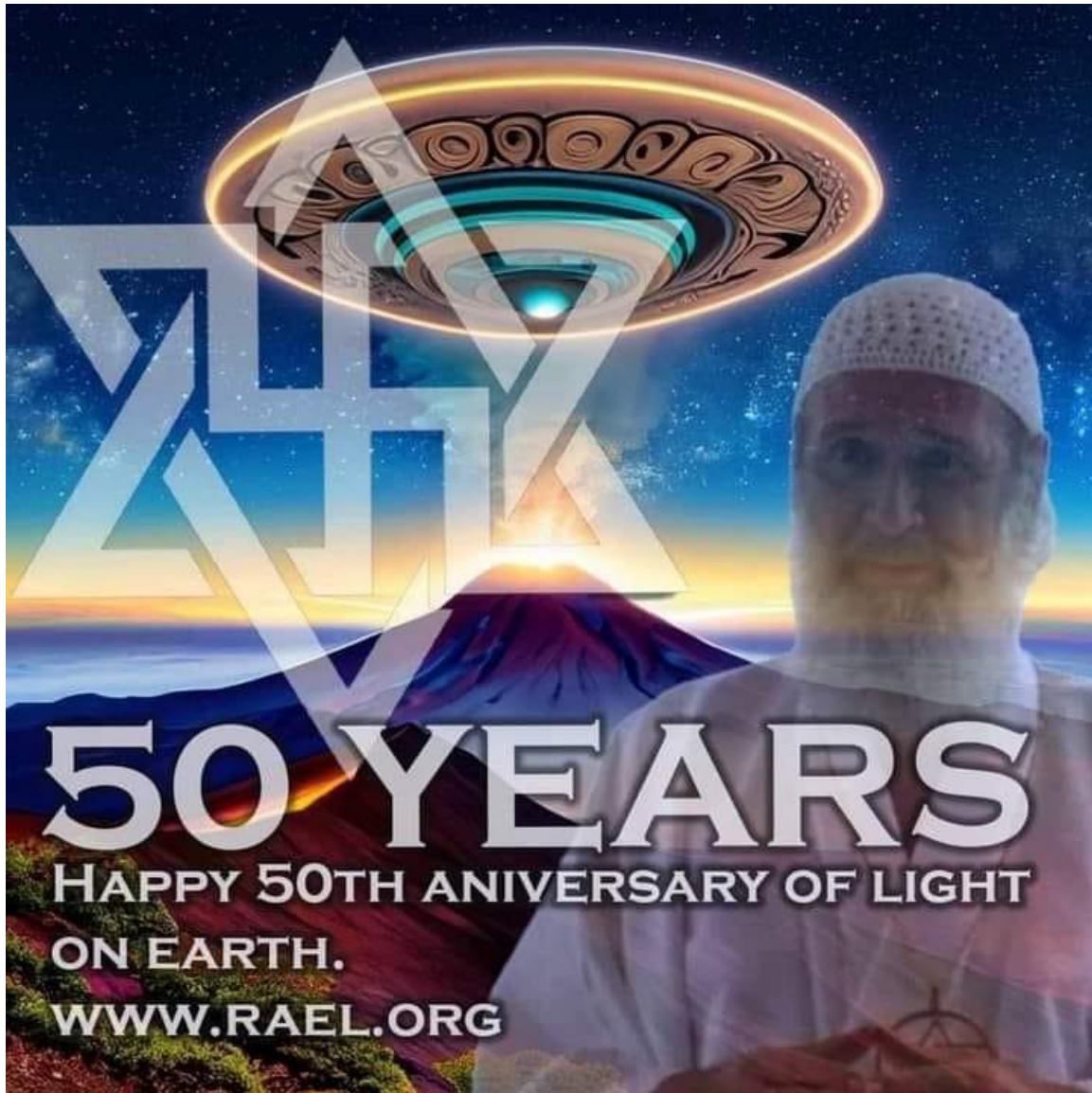
What artificial colors are in your thoughts? Some think that being vegetarian will bring a longer life. What you put in your head is more important than what you eat. If you want to live longer, stop thinking. Calculate the hours spent reading food labels and use them for meditation instead. Don’t think! This is so simple. Your supraconsciousness has to awaken and understand everything.

The best way to be happy is to be. Supraconsciousness chooses the genes that are active.

Part of the genes in your DNA could create diseases. In the DNA box, there are many monsters. Keep it closed. You will die one day but the diabetes, depression and cancer monsters could never come out. If you don’t meditate, you get sick. We all carry the genes of cancer. Every day, in your body, thousands of cancers are created, but there are little beings fixing it: the immune system. If you experience stress and do not meditate, cancer develops. If you

meditate, it's gone. It's natural, natural life as made by the Elohim, but you need to meditate. You choose what you want for your vehicle, the vehicle of your supraconsciousness.

Witness the strength of your body, the laboratory of the Elohim.



Shine the light of the Elohim

Maitreya Rael – Raelian Gathering, November 26, 78 aH (2023), Okinawa, Japan

Love. What is love? The Love for the Elohim, yes, but we cannot see them, it's easy to love them. The most important love is the love between us, because we can see each other, we can touch, we can hug.

Imagine, which one of us will be the first to disappear. It can be anybody, not necessarily the oldest, it can be the youngest. Imagine. Imagine coming on Sunday and, for example, this person is not there anymore, or that person... Imagine.

Which one will make you realize how important it is TO BE together? Each of us is more important than the Elohim, because we are the Elohim. The verb, the Message of the Elohim exists only through us. Without us, it disappears. Not only you, me too, I can die this week, it's possible. Imagine, next Sunday you come for the contact, Maitreya is not on this planet anymore. It will happen one day! Will you come to the contact? Imagine. You woke up this morning and said, "Oh, I will go to the contact and I will see Maitreya." If I die this week, will you come to the contact next Sunday? Don't answer, feel it.

Without me, does the Message disappear? Or does it continue to be alive through you? That's the most important question. Maitreya is the messenger, he is important, but the Message is more important. Without me, the Message is still the Message, it lives inside you. Is the Message alive inside you? Do you carry it with you wherever you go? Don't answer me, feel it.

I'm not important, and if you love me, make the Message more important after I disappear. If not, you betray me! "I'm Raelian because Maitreya is here." No. It's more important to be Raelian after I leave this planet. I will watch you! I will watch you! Some people will say, "Ah, Maitreya disappeared. Okay, I don't go to the gathering



anymore.” Imagine the first time you hold the gathering without me. Imagine. The real Raelians, and you are all real Raelians, will be more eager to come, will celebrate and dance, and sing! That’s fantastic!

That’s what I hope will happen after I leave this old body. I am on Earth forever only if you remember me. If you don’t remember me and the Message, I was useless. Why am I suffering for fifty years if after my heart stops, the Message stops? The Message is alive forever inside you! Not in my little body but inside you! Be the Message, be the light of the Elohim. The light of the Elohim is shining through the Message and is shining inside you! Don’t let the fire die. You are the light of the Elohim. Me, I was just the lighter... and I bring you the light. Keep this light! Make it shine stronger without me!

Time will pass, things will change and human beings, with time, will be more and more conscious of the importance of the Message of the Elohim. The understanding of the Message of the Elohim in 1973, fifty years ago, and now is totally different. Totally different. Feel it! Remember yourself, if you have been Raelian for many years, how did you feel about the Message? About Maitreya? Who is this strange French man? Is it true? Is he serious? Is he crazy? Now time has passed, fifty years! I’m still as crazy as in the beginning. Not the same, a little better, a little more. But my light is in you. Remember it!

I want to continue to shine on Earth forever. Think about it! Fifty years ago, and now, the light is brighter. Now that we are getting closer to the possibility of destruction of humanity, the light is brighter. The light is brighter, because they are coming.

In 1973, when I was saying, “It’s in 2035, before 2035 the Elohim will come back.” More than sixty years later! And now, 2035, it’s just twelve years ahead. So, it’s coming! More than ever it’s time to look at the sky: they are coming! Thanks to whom? Thanks to you! You are the light of the Elohim on Earth.

The Earth is like an airport... you know? You have the lights that mark the landing place, and the airplane comes



and aligns to the lights so it can land safely. You are the lights of the airport of the Elohim! They are coming. They will align to these lights. It’s not in sixty-five years: It’s now! We are living in the time of their coming. Feel it! More than ever it’s time to look at the sky, sing for the Elohim, dance for the Elohim, to feel them. They are coming. Keep the light on!

If the light of the Message disappears, they don’t know where to land. You are the airport, look at the sky and shine. Shine the light of the Message. You are the light!

Sunday Contact is about sending and receiving love

Maitreya Rael – Raelian Gathering, November 12, 78 aH (2023), Okinawa, Japan

What do we do on Sunday gatherings? We do nothing! We just feel the love of the Elohim.



On the Earth there are eight billion people, but only a very small minority, a little group, so small, is thinking about the Elohim: us. Nobody else. We are so lucky to have this direct connection. How lucky we are! Think about it.

There was an infinite number of possibilities that you never heard about the Message. An infinite number of possibilities that you were born somewhere else. But you got it. Not only did you receive the Message, but you said, “Oh, I want to go!” That’s your choice, your decision. To receive the Message was not your decision. You saw advertising; you met somebody who gave you a leaflet. It was not your choice. But when you said, “Oh, I

want to go! Oh, I want to wear this symbol. Oh, I want to meet Maitreya.” All these were your choice. Fantastic! You are here because of you, not me, not the Elohim. You chose. Feel it!

You are doing what you wanted; it was your dream, maybe from childhood. Most of you, I know, when you were a child, a little girl, a little boy, you were always different from others. Looking at the sky, looking at the stars, and wondering, “Is there life somewhere?” All of you. You didn’t know the Message, nothing. But you enjoyed watching the stars. When there was sometimes a shooting star, “Ah, is that some civilization? Is it a UFO?” Always dreaming. Remember! You didn’t know the Message, but something inside you was thinking, “There must be something.” And even feeling, “I am here for a reason”, feeling connected. You didn’t know connected to what. Feeling connected to the stars. The other children were playing. You were looking at the stars and dreaming, and sometimes praying, “Please, contact me.” Many! You didn’t know, but you felt something, and one day... bingo! A leaflet, advertising, the book, and immediately the little child inside you, “Oh, that’s what I thought when I was a child!” And you read and you couldn’t sleep, and you sent a letter, and you came. And here you are!

For me, it wasn’t my choice: they asked me. But for you, it’s your decision. Yes, I decided to accept, but I don’t know. I think I am like a robot; I don’t know if it’s my choice. I have always wondered: Did I choose what I do? Or am I not like a little puppet of which the Elohim are pulling the strings? For many years it haunted me. But for you, it’s your choice.

So, I am a little bit envious. I try to imagine, sometimes, if I was not me? I'm just a normal person, and somebody gives me a leaflet on the street. What would I do? I'm not sure. Probably I'd look up and say, "Oh, it's interesting", but I'm not sure I would be involved like you. I'm not sure! So, I envy you. Because me, probably I would say, "Ah no, I prefer race cars, I prefer music. Very interesting, but I don't have time for that." But you, you are here! It's your choice.

There's an infinite number of places where you could be this morning, but you are here, with me, to say, "Thank you, Elohim!" Let's say it together, "Thank you, Elohim!" In Japanese, "Arigato Elohim." In Korean, "Kamsam amnida Elohim." In Portuguese, "Obrigado Elohim." In Quebecois, "Marci Ben Elohim..." This is fantastic!



You come every Sunday morning just to say, "Thank you, Elohim!" And they are so happy. They look at you! They look at you and you make them so happy. They are connected to you; they are in your brain... what people call "in your heart". They are in every cell of your body. When we say, "I love you", what is "I"? The illusion of being one. Twenty, thirty, forty, I don't know, billions of cells, and each cell, when you say, "Thank you, Elohim", each cell says, "Thank you, Elohim." Feel it! This is love. You are one, but you are many. All these cells are what you call "I". You are not alone; we are a population. Constantly, every day, millions of cells die, and they are replaced by new ones.

There is a beautiful video, I posted it on Facebook, you can watch it; it shows the nanobots, nanorobots, made by the Elohim, who are inside our body, constantly repairing, creating new cells, constantly. It's a beautiful animation. Watch it! When you say, "I", you should speak like the king of France. The king of France was never saying, "I", maybe the same in Japan. He said, "We", on the plural form. Because you have a population. When you say, "I love

you”, like I said before, who is talking? You are the tongue? No, the big toe also. When I say, “I love you”, it’s all the cells. And when we say, “Thank you, Elohim”, all these things together say, “Thank you, Elohim.”

That’s the contact. On Sunday morning, it’s not supposed to be a teaching, not supposed to be a speech. Yes, just sending love, and receiving love.

I wish you a beautiful eternity! Not one day, why only one day? Beautiful eternity! This is our infinity.

I’m so happy to share this infinity with you. We are one, but we are many. We are many to be one. That’s maybe why I love it in English, “I love you.” It’s not one but “you”, all your cells. It’s good English. “You”, in English, can be one or many. In French, it’s not so good, “Je t’aime”, it’s only one person. “Je vous aime”, it’s many. In English, “you” is you (singular and plural). That’s more beautiful. In Japanese? ... [We don’t say, “I love you”, we just say, “I love”] ... Just “I love.” So, “Aishitemasu” doesn’t mean one or many... [No.] ... So, good!

“Aishitemasu” (I love you, without you). I love the Japanese language.

Maitreya’s comments

On Facebook on Jan 1, 78 aH

Thanks to all those who remembered that the Raelian New Year is on August 6th and did not send me a “Happy New Year” message for the Christian Year of 2024. We Raelians are in 78 aH.

<https://www.facebook.com/rael.maitreya/posts/pfbid02cfq466AZfRUa1GxgYuPkByu6CACVEpH5Xwcm8gdM6EntEZKGVdJ8uRQvMD7WCSSI>

On X on Dec 22, 78 aH – “Only 17% of Germans ready to defend their country – survey”

Wonderful trend. Let’s hope that it will happen everywhere so stupid nationalism can finally disappear.

<https://www.rt.com/news/589469-germans-ready-defend-country-survey/>
<https://twitter.com/maitreyrael/status/1737892099750789528>



New Level 5s in Europe

Let's welcome four new Level 5 Guides nominated by Maitreya at the end of the Happiness Academy:

Princess Loona, Guyom Demba, Xavier Ayroles, from France, and Jean-Marie Briaud, from Switzerland.

