



Issue# 373

Raelian Movement Newsletter

February 19, 65aH

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You Raelians, are the soldiers of the Elohim on earth, the soldiers of consciousness, the army of love, that's what you are.

Rael, February 65 aH

## MAITREYA'S WORDS

### YOU ARE MESSENGERS OF INFINITY

If you don't have something in your life, that you give your life to, if you have nothing, if you are just living, eating, sleeping, making money, that's not a life. You need something bigger.

Why do I work ? Why becoming rich? What for ?

You need to decide of a goal, a purpose of life which is meaningful.

When you find something that makes you say "I know why I am alive", it changes everything.

When you devote your life to something bigger than you, life becomes beautiful. You could make 100 million yen, and still you look at yourself in the morning and say "why" ?

But if you have something big in your life, something bigger than you, life becomes exciting, there is no more aging, no more fear. That's what commitment brings.

You may read the Messages, be enthusiastic for one night and then do nothing as many people do. You may also come 10 years later in the movement and say "I read the Messages 10 years ago but I was not ready". These people lost 10 years, that's terrible, and when you compare the face of those who have no commitment, who didn't dedicate time to help, with those who are dedicated to the messages, they aged so fast. They might have more money but they look so sad.

So when you devote yourself to something bigger than you, then you become happier, because you realize that you help humanity, that you are useful for humanity, and then it changes everything.

Every minute of your life, becomes part of something bigger than you.

Everything you do, everything in your life becomes full of light.

That's the beauty of the Messages, we need something bigger than you, much bigger than you, infinitely bigger.

Nothing is bigger than the Messages, because the Messages are Messages from infinity, not only from Elohim. I am not the Messenger of Elohim only, I am the Messenger of infinity.

And when you help me, you not only become messenger of Elohim, you also become messengers of infinity, and you feel it when you wake up.

### A WORLD REVOLUTION

We are living now a very interesting time on this planet, the most interesting time of all our history, because revolutions are happening everywhere.

People are tired of powerful governments.

This week Egypt lived a big revolution, and it will be everywhere soon.

Stupid occidental people say "what is the next Arabic country to make a revolution" ?



This is not limited to the Arabic people, everybody in the world wants a world revolution.

Everybody in the world is tired of the powers and the governments whose only motivation is power and money.

Every time these politicians talk, they talk about GNP, economic power, they never talk about happiness. Economic growth, GNP, economic balance, trade balance, do you care about that ?

You don't care at all about that! You want to have happiness, you want to have meaning in your life, no politicians talk about that, not one.

That's why everybody in the world wants a revolution, to get rid of these stupid governments, not only in Arabic countries but everywhere.

Soon there will be a revolution, in countries we don't expect to revolt, like the United States of America. They don't think about it, but the American people is fed up with its government and it is happening everywhere!

An 80 years old man in France published a very little book of 60 pages though Internet that is a huge success, a number one success in France. What is it saying ? "Make a revolution, we are fed up with our French government, make a revolution, we must change everything". "This economic system is rotten, the employment system is rotten, everything is stupid in the world".

And he says to young people in France : "go in the streets and make a revolution".

5 million books sold, 60 pages! An 80 years old man, saying to young people "that's enough! We want a new world', a world without money, a world with hope, a world with happiness, a world without military people". It will be same in Japan soon!

Japan has the number1 rate of suicide in the world. Why is it so? The economic growth is good, the economic balance is good, the GNP is good, but people kill themselves. Why? And they don't make children, because they don't have happiness. We need a revolution, everywhere in the world.



I'm not talking of course about China, India, Africa but Europe, France, England and the United States of America. More and more people want to overthrow governments, to destroy them, because governments are not helping people to be happy! They are not giving hope. They are talking about money, powers, military, that's 'shit'! People are tired of it.

This story of the Egypt revolution is beautiful.

It started with one man, one young man, who created an internet blog or web site. Just one simple young man. And he said "we are tired, we must go in the streets and protest". One man.

He had no power, he was not famous, he was nobody, and he made this web site, and now, one month later, there is no more government in Egypt.

One man!

You can make a difference.

If one man did it in Egypt why we couldn't do it in America, in Japan, in Korea, in China, everywhere.

And the governments are very afraid of that, they want to keep their money, they want to keep their power, so they censor this revolution, they

don't talk about it.

In China, which is not supposed to be affected by what is happening in Egypt, no media talk about it. Why is that?

They are so afraid that the Chinese people do the same.

But Chinese people look at Internet, they don't care about national television.

In Egypt, there is a national television, controlled by the government. They don't talk about this man. How did the young people get in the streets ? Through internet.

In China, they have blocked access to internet, but nobody can block access to internet, it's a joke! Intelligent young people find special programs, special ways to access the internet even when it is blocked.

If you have internet, search Google or read Rael-Science, I selected recently an article explaining how to unblock your internet if it's one day blocked by your government.

Nobody can stop your freedom. Even here in Japan, you need to learn that, you never know.

Maybe one day, Japan or America will block the internet, if they feel that there is some revolution coming.

So read carefully this article because you have the tools to see everything even if the government blocks the internet.

That's why internet is such a powerful tool, like I said 20 years ago, the central nervous system of humanity.

Internet is like a network of connections between all the neurons that we are. Without internet we are separated neurons. Thanks to the internet all the neurons are connected.

Go in the streets and force the government to go away.

This planet can be saved only if there is a world revolution. National revolutions are not enough anymore.

All the young people of the world must make a revolution at the same time, to create a world government and to unify, stopping this crazy monetary system, which wastes everyday billions and billions of dollars to pay useless government people, to make weapons which they put in museums twenty years later.

Today, they are making weapons with your money, with your taxes. In 20 years, they will destroy them and make new ones.

With the money of the taxes they use, everybody could have food on earth.

We don't need money, we don't need weapons, we need peace and love.

Everything bad on earth happens because of the politicians.

Politicians are the cancer of humanity, get rid of politicians everywhere.

Only one future for humanity : a unified world, without money, without military, without politicians.

And then, this planet can be heaven, where everybody can travel everywhere without passport,

without visa, and finally respecting the human rights. If you read the Universal Declaration of Human Rights, what does it say? "Every human being has the right to live freely in his country, and to go freely to another country and come back freely".

That's in the Human Rights Declaration, but nobody respects it.

Every country has to stamp passport with visa and they can refuse you.

So this is very important to understand that the governments of the world don't respect the Human Rights, which say that you must be able to travel freely and come back in your country. There is no need for passport, that's a part of the world revolution.

There is no reason to have a border on a map separating countries, because humanity is one.

But governments want to keep the power, they want to keep the money, and so they need borders, because if there is no borders, 99% of the politicians become useless.

If there is a world government - right now you have 180 countries on earth - 180 finance ministers, 180 military ministers, 180 of every minister. Even the smallest country has ministers. This is so stupid.

You need only one government, taking care of the whole world.

And these politicians are taking lots of money from you. And people think "we are free"! They give you the illusion of freedom. You have no freedom, it's an illusion, they say "you are free" even in Japan, but you have no freedom. If you say something that disturb people, the police will come and ask questions.

In France, which claims to be the country where Human Rights originated, they ignore the most important part of the human rights which is that no man should be interrogated or judged by police or by a judge because of what they think, I.e. freedom of thought.

That's a basic Human Right. And France is so proud of its human rights, but in France, if you say that you are in favor of cloning, you get 3 years in prison; not because you are doing it, just by talking about it!

If you ask whether it is true that 3 million Jews died in the last world war, you get 10 years in jail.

We know it is true that 3 million Jews died, but you cannot ask : "is it true?" and they justify saying that freedom of thought is important "but this is different"!

There shouldn't be any limit on freedom of thought and freedom of speech. So it's all illusion, everywhere! Try to find in your country, the illusions people maintain and you will be surprised.

That's why we need a world revolution, to really make the human race constitution, to create it.

We need a world constitution, a constitution of humanity.

And it's ready, it does exist, it's called the Human Rights Declaration, but not one country in the world respect it.

They all signed it a long time ago, an agreement that states 'we will support the Human Rights Declaration', but not one respects it fully.

Because it's just a human rights declaration, but each country, if they were not hypocrite, should adopt the Human Rights Declaration as its national constitution.

It's ready. It's written, it does exist. We just have to adopt it, it's ready. But nobody uses it.

It should be taught in every school of the world. Not one school in the world teaches Human Rights, can you believe that? Not one school in the world teaches Human Rights to little children, what is this world ? They have a beautiful Human Rights Declaration, but they never teach it in school, they are afraid that the children learn about it. When you reach 20 or 30, you have to search internet to find what is the Human Rights Declaration. Do you know the Human Rights Declaration ? Did you read it ? Almost nobody did.

Go to internet; search for "Human Rights Declaration" and read it, print it, give it to your friends, it's the best revolution tool.

And ask your politicians and government, why they don't teach it in elementary school.

In the American schools, they pledge to the government and every child sings "I love America". I'm sure that in Japan they sing "I love Japan", in Korea : "I love Korea", in France : "I love France", that's not important!

"I love humanity, I love the human rights".

They should replace the national pledge in elementary school, by teaching the human rights. And every child of the world, every morning, should sing and take a pledge to the human rights declaration, then no more politicians can manipulate them

when they are adult.

That's the only way to save humanity.

As long as there are different nations, we will have wars, more and more deadly, maybe one day killing everybody on earth.

The only way to save the world is a human race constitution, everywhere.

And that's a part of your mission, you the Raelians.

Being Raelians is not only loving Elohim and spreading the Messages, giving your life for something bigger than you.

There is nothing bigger than saving humanity, and that's the mission of the Raelians.

And so that's why you are so happy to give your life to the Messages.

And every morning when you wake up, think about it "what am I doing" ?

"I am giving my life to the most exciting enterprise in humanity".

Not only spreading the Messages, not only being the Messenger of Infinity, but saving humanity.

You are the soldiers of the Elohim on earth, the soldiers of consciousness, the army of love, that's what you are.



## ABOUT SILENCE

On January 16th, Maitreya lead a meditation during which he stayed in silence for 5 minutes in front of the symbol. Afterward, he gave this speech:

I hope everybody appreciates this opportunity to be in silence. That's not long enough.

But you can do it yourself.

You can come anytime and stay in silence and harmony for one hour.

It is so good for the brain, 1 hour or 2 hours, just in silence.

In our lives we are bombarded by constant stimulation from outside and from inside be it from the TV, computer, internet, chatting, music, movies, there is always new stimulation.

And when there is nothing, we think and we think so much.

By just sitting here and suddenly stopping the machine, nothing happening, and you feel. At the beginning we think "what will happen?", "what will Rael say", and "ok a little silence", so we wait a few seconds and we start, "what will happen next, ah ah?", nothing.

And that's good, but we want and we start to think "when will Maitreya stand up and speak again?" That's not good. Just be in silence, without thinking about the future or when will Maitreya speak again or what he said before.

Just now, silence, quiet.

And that's something that we are so much not used to it, that we feel strange, and then we wait.

And sometimes we say "I will use this opportunity to relax" but the brain starts to think again ;

"How long has it been?", and we want to check the watch. You did it, I felt it.

Just being present in the present time, without remembering the past, without thinking when will it be finished, but enjoying it

That was just 5 minutes; it was way too short, we should do it again but not for 5 minutes.

Shall we start again? But this time for 6 hours ok? It's good!

It's good even for 12 hours. I wish you could have the opportunity to come here for a weekend and do 48 hours, just in silence, looking at the symbol.

And the more you think this is crazy the more you need it because, suddenly, after saying "what's happening", and "ok", and breathing, slowly, slowly, the brain calms down.

Then you start to enter the next step, which is where you are almost ready to sleep, and yawning, and you may say "ok I will use this opportunity to sleep"! NO!

We have a funny brain with 2 speeds, either thinking, thinking and stimulation, or sleeping.

However between these two states is the most interesting one which is the meditation state.

No sleeping, no thinking, being right in between.

What we call being on the razor blade, like the samurai sword, and you stay on it.

On the right side you fall asleep, on the left side you think, but you are like a tightrope walker, you stay just in between, on the sharp razor blade. And that's interesting.

Then slowly the brain will go down, to almost sleeping and you will say "no, no sleep".

And you know every time we have meditation in group, we sometimes hear people snoring, because they went too deep.

We have to keep the consciousness awake just to stay before the sleeping state.

And then, you will go from “no, I don’t want to sleep”, to thinking again “no, no thinking”, “no, no sleeping” and slowly you will be able to stay in the middle and just enjoy it.

If you succeed to do that, after 20 minutes minimum, 1 hour better, you will feel so good.

It’s completely different from sleeping, but it brings your brain to a state of harmony that you will keep for the whole day.

When you think too much, the brain becomes like a jungle with many monkeys jumping everywhere and it’s not quiet.

When you sleep, it’s very good, sleeping is good, you rest your body, it’s very good for health, the brain also relaxes but it doesn’t create harmony.

You can sleep and you wake up very nervous, very anxious, feeling as bad as the day before.

But when you meditate, then just 20 minutes of outside silence and inside silence, you will feel a level of harmony and peace that no 12 hours sleep can break.

And you know, sometimes some of you can sleep 10 hours, 12 hours, and you wake up with the same problem.

Only meditation can bring this peace of mind and this harmony.

And what do you do when you do that ?

You develop Love, Love for yourself, because when you distract yourself from your real self, by watching TV, playing on computer, talking with other people, always having stimulation, thinking about yesterday, thinking about tomorrow, you escape from yourself.

And you notice that people who are depressed they absolutely need to talk, silence is difficult for them.

When you cannot be in silence, it’s because you feel bad.

You know people, you have friends like that, they don’t stop talking they cannot have one minute of silence, because silence makes them feel lonely.

And if you feel bad when it’s silence, it’s because you don’t love yourself enough.

So being in silence will help you develop more love and more compassion. Compassion for other people, but most importantly and nobody talks about that, compassion for yourself.

Being compassionate to the suffering of other people is good, being compassionate and sending love to everybody around us is good, but we also need to have compassion for ourselves, because we are not perfect, we have many wrong things inside us, each of us, me too.

But when you have compassion for yourself you start to love yourself, with all the wrong things which are inside you, and then peace of mind comes.

And only in silence you can feel that.

If you really go deep in this silence mood, you can have beautiful emotions, without anybody talking.

Suddenly, you can feel like crying.

Do it, you can feel so much love for yourself that you cry like a baby, or laugh, but let these emotions come, just by suddenly being in silence with yourself.

Because, remember, there cannot be love for other people if you don’t love yourself, and to love yourself, you have to be able to be in silence, and in harmony, for a long time,.

So I hope, after my speech, many amongst you will stay here for 1 hour, in silence, or 2 hours or 2 days. Why not?

It's a very, very, good feeling.

And if you do it, stop sometimes just to sleep, please, or eat a little maybe.

You can also stop eating for 2 days, that's good.

And just be in silence.

And then you will feel something very different happening in you.

Some monks in some monasteries do it for 1 week, 1 year, some people do it for life. Some monks have a life in a monastery deciding to be silent forever. Maybe you don't want to go to this extreme, but one day or 2 days is a very good experience.

And then, you will be completely metamorphosed by the experience.

So I wish you will decide to try at least a little bit, it's your choice, it's your life but I wish you the best possible, and you can reach the best by trying this kind of experience, which is absolutely not dangerous, and can only bring you more harmony and serenity.

It is very important, specially in today's civilization.

And you as Raelians and Guides, you have a mission to bring more love on this planet.

And how can you bring love to other people? what is the best way to bring love to people around you suffering, feeling lonely or depressed? What is the best way?

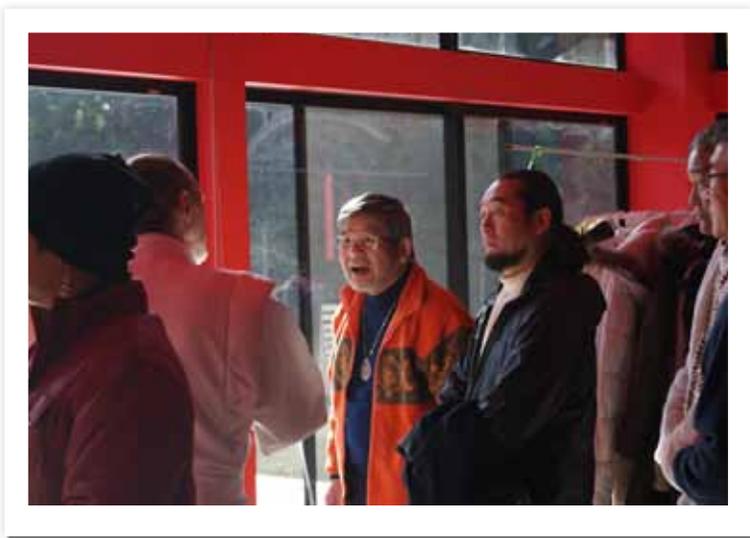
It isn't to come in front of them and teach them by saying "this is the way you must be, and you should change", no no no! That's what wrong Guides, false Guides do.

A real Guide is silent and listens, and asks questions "what is your problem, you look a little bit sad, why?" and silence and listen, and listen! Good Guides are more listening than talking. False guides talk. Bla bla bla bla bla..."You should do that, you should do this", that's bullshit.

Listening! Listening with love, and listening more, until the person in front of you has said everything they want to say.

It can take hours for some people, don't expect people when you want to help to talk for two minutes and stop, no!

But in our society, nobody is listening to other people, everybody wants to talk, and everybody talks and nobody listens. Bla bla bla bla...Stop.



Be the one listening and then you give love by just listening. Listening sincerely to what people say, like you Japanese you have this good habit of saying "hum", "heh". Other countries don't do that, but it's great "hum" "ho" he" and you listen and listen and listen. In other countries they don't listen the same way, they speak and speak and speak. Here you listen and that's how we can bring more love into the world.

Remember, by training yourself to be silent, you bring more love to the world.

## WHAT IS SPIRITUALITY?

*January 9th*

To have a spirituality is to feel connected with ourselves, connected to other people, connected to other people who are not Raelian, connected with people who hate us, connected to Elohim, connected to infinity. There is no need of god for that!

Some people say “I need a spiritual life”, and they suddenly pray a god which doesn't exist, what kind of spirituality is that ? It's outside of themselves.

People are lost, sad, depressed, and they feel their lives have absolutely no meaning, and suddenly they say “ah but god created me” and suddenly they pray a supernatural god, and they call that spirituality.

It's not spirituality, maybe it's a kind of therapy because they feel sick, possessed by demons, like the people in the voodoo. So they need a therapy, they create something to help them feel better which is absolutely baseless, made of thin air.

“I create a god and I will say this god created me”, wow! “I create a god and I say this god create me and I pray god and I feel this is spirituality”.

It's not spirituality, when you are depressed, you can take a pill or pray god, it's the same thing, it's a kind of medicine, something outside of you, a pill that you take and that is supposed to stop your depression.

Or something outside of you, a god, you take it and it's supposed to cure your depression, it's outside.

The real Raelian spirituality, is not from outside; we don't take a pill, we don't take a pill named god, we feel it inside, from inside out, not from outside in.

Everything truthful and real is from inside out, never from outside in.

Happiness? From inside out, everything.

And spirituality, from inside out.

Humility ? From inside out.

Intelligence ? From inside out.

Love, from inside out, you give your love.

But when everything comes from outside in, it is wrong, it is not truthful.

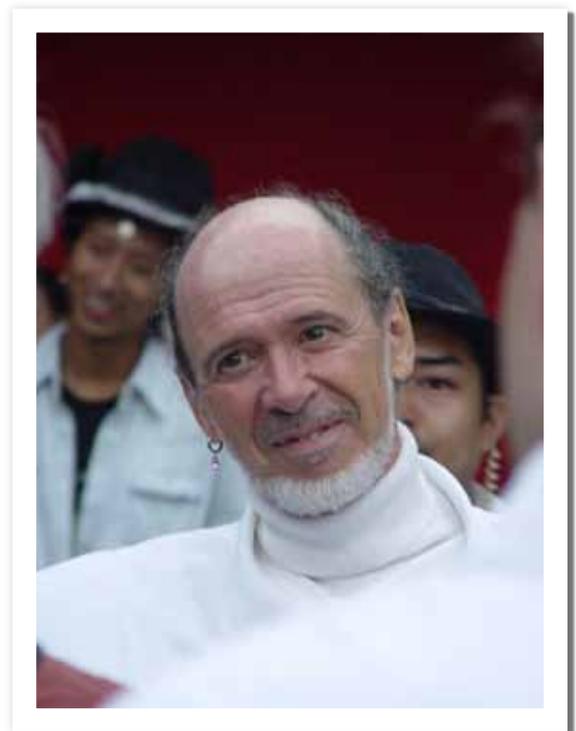
And that's why the real spirituality, the Raelian spirituality, an atheist spirituality, is always much much much better than a theist, full of god spirituality, a primitive spirituality.

And that's why we are lucky, the Raelian people, to have a spirituality based on atheism.

Not only do we give our love to the Elohim, but we feel this spirituality coming from us.

From inside out, a real, deep, truthful spirituality,

Thank you Elohim for that.



## OUR MISSION IS TO PROMOTE ATHEISM

*January 2nd*

When we are filled by the Message of Elohim, we don't need a boyfriend or a girlfriend, we don't need money, we don't need anything, we can be naked outside and be completely happy.

We can be rich, have millions and millions but be very sad and desperate.

You can have the most beautiful boyfriend or girlfriend of the world, or 3 or 4 or 10, and be very sad and desperate.

But with only the philosophy, you don't need anything.

That's why in the history of humanity, so many people became monks, or religious people.

But today very few people want to become monks, every religion is losing more and more people.

Because science is replacing everything but at the same time we need spirituality.

That's why the Message of Elohim is so beautiful, because they bring both, science and spirituality.

We are the only religion in the world with a spirituality without god, a spirituality without god and without soul. All the other religions have a spirituality with a god, with soul, stupid beliefs in reincarnation, primitive beliefs which are from centuries ago.

Only the Raelian Message is 100% materialistic and at the same time the most spiritually high possible, because it's real spirituality, not based on myth and stupid beliefs but rooted in scientific facts.

When some Christian or Buddhist people meditate, they feel connected to god, but there is no god. They feel connected to spirits, but there is no spirits.

So they base, they root their spirituality on things which doesn't exist.

What is the Raelian spirituality ? 100% rooted in scientific facts.

For example, breathing, this is not something supernatural, just something physical; more oxygen, in the body and in the brain, more harmony, more happiness, more joy.

It's a scientific fact, there is no need for god for that.

Any other meditation the Elohim teach us are scientifically rooted, and the more the science and scientific research advances, the more they prove that it is scientifically true.

Breathing, everybody knows it's scientific fact, it's important.

But not only that, lying down, relaxing, even doctors now teach that.

Even doctors now teach that if you want to lower your blood pressure, which is a very big problem on this planet now, by just relaxing, you can go down 20%, no need for pills, it's a scientific fact.

For everything and all the teachings of Elohim are teaching a wonderful, very high spirituality, 100% materialistic.

Why is it better ? Because when you base your spirituality on something which doesn't exist like a god, you develop in your brain some irrationality, things that are not rational.

And so some part of the brain which are not supposed to develop take a big place, that creates fears, guilt.

And you know that all primitive religions, Christian, Catholic, Buddhist, Muslim, Jewish, they all have sins, guilt, mostly about sex, because when you base your spirituality on supernatural things which doesn't exist, you develop guilt, and fears, anxiety, and even panic attacks and even psychiatric diseases.

When you are afraid of a god, you can become very sick, when you are afraid to burn in hell all your life, wow, you become very sick.

And they even teach that to children, that should be considered as a crime; teaching to little children "be afraid of your god"! That's completely crazy. Children need to have a beautiful teaching of peace and harmony and love, no fear of a crazy god who wants to make them burn in hell.

What kind of religion is that ?

Only the Raelian Religion teaches only love, peace, harmony, destroying the mysteries of a god which doesn't exist.

Destroying the fear of reincarnation and karma, which doesn't exist.

Just saying ; "enjoy your life, give love, give peace, have a high spirituality" without fear and guilt without god.

Because god is the most dangerous myth put in the brain of human beings.

It killed so many people and continues to kill so many people because of religious wars, and torture, and that's so terrible.

The most terrible thing happening to humanity was the invention by men of the myth of god.

It is the most dangerous and most devastating in the history of humanity.

And only now, thanks to the teachings of Elohim, we can, and we are, and we will totally destroy the mystery of god on earth.

That is the first and most important mission of the Raelians, to totally destroy the very idea of god. There are many atheists in the world, but they think about themselves.

Sometimes they create organizations, but they say : "we are happy to be atheists", we feel free", but they don't try to proselytize the atheism, they don't try to spread atheism, they are just selfish, happy of being atheists.

On the other hand, all the religious people believing in god, try to spread their beliefs, try to convert other people, "convert to my religion or you will burn in hell".

That's what they say and they make fear everywhere and some weak people join them, everyday.

But atheists, no, atheists they say : "we realize, we understand there is no god, we are very happy, we feel relieved", but they don't think about other people.

The only atheists who say "we will spread atheism", as strongly, more strongly than the people who believe in god, who are they? Only one group is trying to convert everybody to atheism, who is that ?

The Raelians!

We are the only people fighting the people who spread belief in god everywhere and we need to be very active because the god believers act very strongly everywhere.

They know that atheists don't fight; when normal atheists listen to people believing in god, they just laugh. They don't promote atheism, they don't try to convert other people to atheism, only the Raelians do.

That's your mission.

That's your mission to spread atheism and the belief in science, rationality, intelligence, that's the message of the Elohim.

## THERE ARE NO SEXUAL NORMS

*A recent poll showed that 36% of young men in Japan are not interested in sex and that “40% of Japanese couple are “sexless”. A Japanese member who is a teacher and sees the interest of his students about sex, expressed his surprise at these numbers.*

*Maitreya issues the following comments after reading the member’s doubts:*

I think this study is very accurate. About 33 % of young Japanese men really love sex and 33% like it a little but not so much. It’s more or less everywhere the same. And the fact that all your students talk about having girl friends doesn’t mean they like sex; it means first of all that they want to conform to the social trend and looking “normal”. Secondly some want to have a girl friend yes, however not for sex, but to not feel lonely. They are more looking for a friend than a sexual partner. And they become part of the 40 % of sexless couples when they find a girl friend. And these people can have a very happy life without sex. They find other interests. As the percentage is almost the same amongst girls (even more girls are not interested by sex) then nobody is sad as long as they find partners with the same level of interest. Making the society better is not changing, or normalizing people in one way or another...Neither forcing everybody to hate sex like in Christian dominated society, nor making everybody like it ... Just accepting the differences and making everybody feel comfortable with their real level of interest about it. [...] We must absolutely not try to normalize Raelians about sex. You can be a very good Raelian and not be interested at all by sex and there is no problem with that ! . It all depends of the level of sexual hormones your body create. And we are all different about that. So being a good Raelian is not being necessarily interested by sex, and also not being against it. It’s just being really yourself without trying to conform to a social or fashionable model. Being Raelian is in fact much more about not conforming to any model and being really yourself without any guilt, than anything else.

## NEWS AND VIEWS

### RAEL IN FAVOR OF PARTHENOGENESIS AS A WAY TO REDUCE VIOLENCE.

Following the excellent article by Hank Pellissier ‘Ova fusion and the elimination of the male’ published on the Institute for Ethics and Emerging technology website on February 2, Rael commented that he is a fervent advocate of parthenogenesis for human reproduction as a mean to reduce violence in humanity and increase lifespan.

Just to summarize the context, the first bi-maternal mammal was created in 2004 by a Japanese team lead by Dr Konon, using a process in which 2 ova were used to form an embryo that successfully lead to the birth of a black mouse which they named Kaguya. The experience was reproduced in 2009 with 13 more Kaguya mice born that way. The December 2010 report of Dr Kono about these new offspring showed that they lived 28% longer than the average mouse of that same species and suggested that the unusual longevity was due to the elimination of the paternally-expressed Rasgrfl gene. So somehow by removing male genes, not only can we lower the testosterone level of humanity and hence its endemic violence but also increase its over all lifespan.... food for thoughts :-)

### WORK SUITS ON THE WAY OUT

A recent poll of British workers have shown that dress codes are becoming increasingly old-fashioned. They found that only one in 10 employees wears a suit every day and only 18% regularly wear a tie. A similar trend is observed in most Western Countries.

Rael applauded saying ‘this is a wonderful trend that was long due.’

He commented: “Finally, and thankfully, the ugliest men’s fashion in history is disappearing. This elimination is not only important for beauty, but also has deep implications in terms of conformism and conservatism, both of which are thankfully disappearing as well.”

Rael has suffered repeated criticism about his outfit which he designed himself in order to encourage people to wear what they want and not what the fashionably correct is telling them to wear.

“Although this first step is small, I hope that original and “crazy” shapes will return in men fashion as they used to be for the major part of human history.” added Rael.

For him, fashion and creativity will also help create a more peaceful and tolerant society where differences are not only accepted but promoted. “The promotion of differences is the only way to avoid a terrible bureaucratic normalization imposed by centralized governments trying to impose more control over the population” explained Rael. “It starts with uniforms in schools, which should be forbidden worldwide because uniforms homogenize children, killing originality and creativity.”

Rael also linked this ‘suit-and-necktie’ dress code to our militant society. He said ‘it’s time to completely destroy the militaristic heritage of our ancestors, who almost destroyed the world.’

## **RAEL SUPPORTS CHINESE GOVERNMENT POSITION ON ZIMBABWE**

According to published news reports, Yang Jiechi, China’s foreign minister, has asked for the lifting of sanctions against Zimbabwe. He recently visited Harare, Zimbabwe, and said that no country has a right to dictate the internal affairs of another nation.

Rael applauded and commented on the minister’s statement.

“China is absolutely right”, he said. “All African nations should nationalize all companies and lands belonging to ex-colonialist countries or their descendants, and they should do this without paying any compensation. On the contrary, even after nationalization, the ex-colonialist countries should still pay huge reparations to cover the centuries of exploiting and pillaging African resources.”

Seize money of the tyrans while they are still in power

The Swiss government has frozen any assets in its banks that belong to former Egyptian president Hosni Mubarak or his family. Rael commented on what he called ‘this additional proof of the cowardice and opportunistic position taken by Switzerland, which waits until tyrants are deposed to freeze their assets.

“If Switzerland were to be such a promoter of freedom and democracy, it should freeze the assets of tyrants and their relatives WHILE THEY ARE STILL IN POWER not after they have been toppled by popular revolutions.” explains Rael. “It’s not too late for Switzerland to freeze the assets of all remaining dictators if it wants to show the world it is an honest protector of democracy and freedom.” Rael is now calling for Switzerland to immediately freeze the assets of the king of Saudi Arabia and those of the Burman generals while these people are still in power. “This would prove that the Swiss people is not hypocritical and that no tyrant can continue to hide the money he steals from the people, in Switzerland.” added Rael. “Will Switzerland do this? I doubt it. As usual, the Swiss will wait until the tyrants are deposed. “

Rael also recommended to The people of Saudi Arabia and Burma to remember this and boycott any financial relations with Switzerland once they become free.

“Tunisia and Egypt should start such a boycott immediately.” adds Rael. “ Many other countries can provide financial services similar to or even better than those provided by Switzerland, and without accepting money from tyrants and Nazis like Switzerland did. Out of respect for the memory of ancestors robbed by Nazis, whose money was used for a very long time for the profit of Swiss banks, no Jew should keep any money in Switzerland.”

## TO BE SILENCE OUT OF LOVE

*By Kimbangu Piffer*

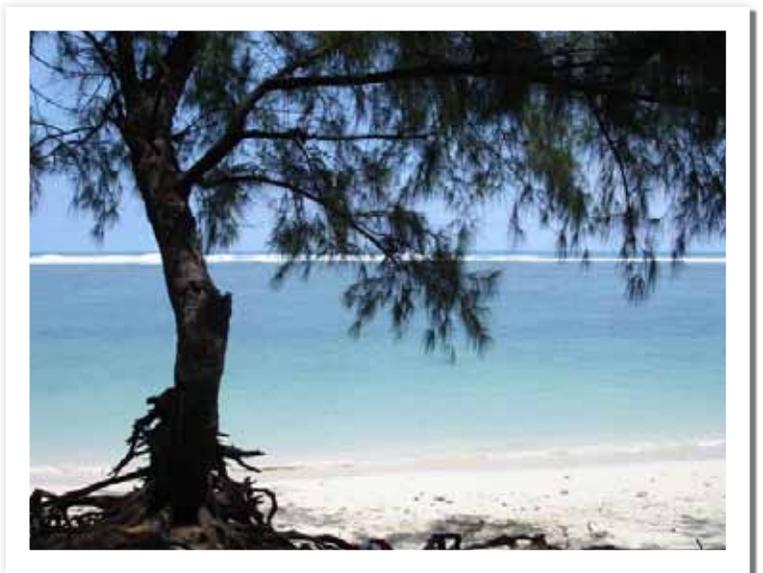
Without a single word, Maitreya teaches me  
 He becomes total silence  
 He alone engulfs the whole of human depth  
 And, since the world of silence is not a world of indifference.  
 Someone had to speak about it !

Very humbly, here is a testimony of this speech without words.  
 Its silence says much more as it is more eloquent than any speech  
 With a look that speaks with His eyes  
 He knows how to ask questions  
 That help me and not that judge or criticize me.

From this absolute serenity  
 Nothing evermore separates me from what is essential to me  
 His wellbeing is an art  
 And I am stricken by a fatal attraction  
 That love, on the sly, is.

To listen to this internal silence  
 To transmit the beauty of the secret garden buried  
 within me  
 To train, to share, to offer the best to the other  
 To hydrate, to soften, to illuminate, to unify and  
 protect my adversary  
 Because a word is only useful if it helps my surround-  
 ing to act constructively.

YES...to be silence out of love !



## THE RAE LIAN PLANET

### CANADIAN GUIDES

During the first weekend of February, the Canadian guides gathered in the region of Quebec around Daniel Chabot, Guide and Planetary responsible for the teachings and Marc Rivard, Guide Responsible for Canada. Gbedia Dodo, Guide, planetary responsible for the project “Back to Kama” came from the US especially for this event.

From left to right at the top

- Nicole Bertrand, Réjean Proulx, Gbedia Dodo

- Michel Chabot, André Julien, Sylvie Chabot, Marc Rivard, Daniel Chabot, Diane Brisebois

- Roland Gaudette, Jocelyn Chabot, Mark Proulx, Sizue Kaneo, Pierre-Paul Bourg, Orev Rhodet, Daniel Turcotte



### EUROPE: THE RAE LIAN GUIDES GATHERED FOR A SEMINAR BASED ON TWO THEMES UNITY AND HUMILITY.

The European Raelian Guides met over 4 days in the region of Geneva, in a cocoon of softness in order to fly high, together, for this dream planetary revolution of Love that Raelians strive for everyday... [In French the first syllable of revolution, “rev”, means dream]

Following beautiful personal testimonies and sharing on the theme of the seminar, Unity, Pierre Gary, Continental Guide for Europe, carried us with his just and simple words. He reminded us of the importance of keeping the intention of going ever higher, toward more being and more humility. “To feel humility is to situate oneself once again according to everything that surrounds us. One can only measure one’s growth by the quantity of love that one gives.” Pierre underlined.



Kimbangu Mundele, National Guide for France, added that it is in silence that one becomes humble. “Humility is an aspect that the Western society does not see very much that is enormously touching. Alone, in the middle of a town square, kneeling down, you touch people because these people are also sensitive to the changes in society.” He reminded of the teachings of Maitreya Rael concerning the importance of loving one’s enemies: “I am not perfect, I also make mistakes and I am ONE with the people who have a negative attitude towards me; I, myself, could also find myself having this attitude toward others”. Kimbangu shared with emotions.

Marco Franceschini, National Guide for Italy, also shared his philosophical outlook on the culture of “being” that is too often confused in our world with the one of doing, of knowing, of having. This latter takes the shape of the accumulation of money, knowledge, talents and can be pictured as a linear layout where this accumulation keep on multiplying. For him, being is the most important part of a human being, and can be symbolized by a fractal image that develops to infinity.

Pierre Gary concluded these magnificent exchanges by insisting upon the importance of



developing one's ATTENTION and one's INTENTION; the attention to have toward oneself, toward others, and the intention to go upon the path of being.

### DEMONSTRATION IN LAUSANNE: THE POWER OF SILENCE TO DENOUNCE INJUSTICE

When almost all appeals have been exhausted, when the denial of justice is crying out to the absurd, that human rights no longer seem to really mean what they proclaim: freedom of expression without any discrimination, then silence becomes the most eloquent of the responses.

Not an empty silence, but the silence of Raelians very present in the intensity of their meditation, radiating all their inner beauty, carrying their pride in being what they are and that no proscription, no censorship will ever change. The silent scream "We are Raelians and we have the right to express it."

This is how in front of the Federal Tribunal in Lausanne, Switzerland, for 3 hours, the European Raelians, marked their presence to passersby and federal officials.

Raelians from Switzerland and France, but also representatives from Italy, Germany, Belgium, Holland, United Kingdom, Romania, Poland, Czech Republic, New Zealand, Japan, Brazil ... just sitting, kneeling or standing motionless and in silence radiating the strength of their appeal for the recognition of their rights. "I am proud to be a Raelian" stuck on the chest, braving the cold and certain that one day justice will finally prevail.



## CONGO

A beautiful day of diffusion which took place in the center of MFOA and Pointe-Noire in tribute to Giordano Bruno. Day of remembrance in homage to Giordano Bruno, burned alive by the Catholic Church for his beliefs in extraterrestrials, this was the theme of the events we held throughout the day.

A total of 4000 flyers with the image of Giordano Bruno were distributed in these two cities within 7 hours of diffusion, with video projection, guitar, dancing to the tune of Rael's songs.

We had the participation of two foreign guides, one from Gabon, l'Amour Djala and one from Senegal, Soura Moussa who could share their experiences of that day.

The media monopolized us at noon, almost like the previous great activity we held: I got three TV interviews, one radio interview and an invitation for next Sunday for another radio show, Nika, official spokesperson, Chisso and Ndzimba were also monopolized by the journalists from audio-visual and written press ...

In Pointe-noire, the echoes are similar; local televisions and radios made the effort to see the Raelian displays and Ma Ngoumbas burst the ears of the listeners, and it's not over .... To be followed.

Meanwhile, the day before, I went to Kinshasa, where I met Safary who is our representative there. He described to me the situation of the Raelians and sympathizers of Kinshasa and I asked him to do whatever was possible to keep the flame that from now on emanates from Kinshasa. We are waiting for Uriel to come back to organize a big meeting and mobilize them for the seminar in Loango ...

Raelian Religion Oyeeeeee !!!!!

Tshielikk

## US, GAMMA RAY GOT THE MESSAGE

February 1st, 65aH, a date I will never forget!

After more than 20 years of dreaming about it, I finally got to meet my musician Hero: Kai Hansen.

Here is the story.

Kai Hansen is one of the world most famous and important artist of the Heavy Metal scene. Composer, guitarist, singer and a very smart person, he's considered one of the "fathers" of Heavy metal. He became famous in the 80's with the German band Helloween. After leaving Helloween in 1989, he founded Gamma Ray to explore new sounds, becoming in fact precursor of what nowadays is called Power Metal, a style of music full of energy, great melodies and a happy feeling with a touch of classical influence (Wagner and Mozart above all).

I have been a huge fan since the late Eighties and as a musician I can say that Kai Hansen influenced me a lot thanks to his charisma, his lyrics and his passionate compositions. My favorite albums are : "Heading for Tomorrow", "Land of the Free" and "Somewhere out in space".

Before discovering the Messages in the late 90's I started to question myself about life, religion, god existence, extraterrestrials and so on. And I admit I found quite a relief in Hansen's lyrics because they



were questioning and reflecting about almost the same points.

“Land of the free” was more than a philosophical concept album, was a path towards the truths of life.

But in Somewhere out in space, Hansen started to write about extraterrestrials. Particularly the song “Men, Martians and Machines” seems to be inspired by the Messages, as basically it tells about an extraterrestrial race which came to Earth, created life and was mistaken as Gods.

Or to quote another song from “The Land of the free II”, “Real World” here’s the chorus line:

“God is an illusion and there ain’t no paradise

and there is no underworld below

Out there is no Heaven and there ain’t no Antichrist

Welcome to the real World

and the show!”

You are with me, these are wise words!

What a great inspiration for me! A few months after the release of that album in 1997 I met the Messages and my life changed . Since then, one of my biggest dreams was to meet Kai Hansen and give him the “Intelligent Design” book.

Mission accomplished on February 1st, 2011! Better late than never, Charly !

I met Kai Hansen in occasion of a Gamma Ray concert at the Key club in Hollywood. With the help and support of the fantastic Alonzo Fretwell and thanks to our special VIP tickets, we got access to the all areas and had a “meet and greet” with the band!

Once in front of Kai Hansen, I couldn’t hide my big emotion. I almost cried of joy. I managed to offer him the book “Intelligent Design” of our beloved Maitreya, as a present. I got his attention right away. He said that he had heard about Rael in the past. He was very happy to receive the book, since it’s a topic he likes. Last but not the least while chatting with Kai, I gave him a personal consideration, such as... “Your lyrics and your songs are awesome; what you wrote in “Men Martians and Machines” or “Real World”, is right and you’re going to find out more in this book” ...he had a sigh and said with pride and with a big smile, “I knew it!”

Love, Charly.

## CLITORAID... HAVE YOU GOT YOUR CLITBOX YET? ;-)

### SWITZERLAND : THE LAUNCHING OF THE « ORGASMIC CLITBOX » FOR VALENTINE’S DAY !

During Valentine’s Day weekend, the volunteers of the charitable organization Clitoraid found themselves in the streets of Nyon and Vevey, in Switzerland, to let the public know about the launching of the new “Clitbox” (1).

“It was a marvelous day in the heart of winter during which we had the pleasure to give to the passer bys touched by the cause their first “orgasmic box”! said Emilie Garrault, responsible for the Swiss branch of Clitoraid.

And so, a couple of lovers bought a “clitbox” promising not without a smile that “it would be quickly filled at the rate of our orgasms!” 2 women bought one for one of their friends assuring us that she would be able to fill it up in 2 minutes!

“The new ClitBox launched on Valentines’ Day around the world, is, without a doubt, well received”, adds Emilie Garrault. “In less than 3 hours, we collected 1130 Swiss francs in donations that will go toward the construction of the first pleasure hos-



pital in Burkina Faso so the clitoris of circumcised women can be restored”.

As a reminder, the ClitBox allows women who have a balanced sexual life and who have the pleasure of experiencing orgasms, to help circumcised women by putting a small sum of money in their ClitBox each time they have an orgasm and donating that to the Non Profit Organization, Clitoraid .

### ABU DHABI LUNCHEON

Eliane Wurmser who lives in Abu Dhabi had this wonderful idea to organize a luncheon as a fundraiser for Clitoraid. For the past weeks, she has been busy preparing the event, inviting many women of the city.

Here is what she wrote a few hours after the event:

two days when a few women told me they would not come because of my association with the Raelian Movement, I did not know what to expect. Would anybody come??? This morning, Yves (National Guide for the United Arab Emirates and Eliane's partner) and I were ready with all the material. He helped me with the technical aspects, photos and video. Everything went well. A few women cancelled at the last minute (they were sick or had an unexpected appointment ...), we ended up being about 45 women including Dr. Denise Howard, Gynecologist, women ambassadors from Benin and Djibouti, Ms. Egypt did not come (too overwhelmed by the events in her country), lawyers and girlfriends from the expatriate club ... The program: introduction of the team, Nadine's video that everyone loved (her spontaneity, her natural joie de vivre ...), the ppt that Laura read. We just stopped before reading on the risk of death (No. 10). A Somali lawyer testified that her friend had been excised and died. She was very emotional because in the ppt, it came just after the picture of the little girl who is excised.

We took a break for lunch. Then I showed the video of the hospital. And right after the dessert, I had the raffle. I had twelve very beautiful gifts, the most expensive was 1900 aed (United Arab Emirates DirhamNumbers only) for a ticket at 300 aed ....

I still even received donations today and another promise from the Swedish hospital. All together, I collected about \$ 3000 for Clitoraid! All women were delighted. They want more, and next year they asked me to do it again. I also proposed to organized coffee morning or small gatherings for people who worked and missed the event, for women ambassadors. An article may be printed in the Gulfnews by tomorrow, a woman from the French newspaper "Mag" came and enjoyed it a lot. She will see if we can do something. In the end, it is only the beginning of an incredible adventure. And to all those who said 'here, this is not possible to do that', I just did it! Thank you all for your support! Thank you Maitreya to enable us to experience moments that I would have never imagined.



## AT THE VAGINA MONOLOGUE IN SAN DIEGO, CA

Just came back from the Vagina Monologue plays at the Diversionary Theater in San Diego where I had a table to promote Clitoraid for one hour before the performance. People were so nice, so friendly, so open and so generous in their donations! They loved the name “Clitoraid”, the campaign “adopt a clitoris”, the Clito boxes!. They welcomed me like a sister. The day before, during rehearsal, Wendy, one of the Theater directors kindly introduced me to the cast of 25 telling them about Clitoraid. Remember, the VM play is about violence done against women and Clitoraid touched them, offering relief to the violence that their script lines is denouncing. I felt it from them.

Did you know... that Dr. Bowers, our head Clitoraid Surgeon, was part of the VM in Los Angeles in 2004 with the famous Eve Ensler who originally wrote VM that is now performed around the world. Dr. Bowers appeared in the very first transgender version of the Vagina Monologues. She performed in front of Jane Fonda among others. Cool, isn't it?

Happily yours ~

Nadine

